SPRING 2017 In this issue:

Now and Zen
by
Iam Saums

Healing Mother Earth's Etheric Body
by
Joseph Westlake

Stillness on shaking ground
by Carol A Wilson
Welcome to the Spring Equinox. In the northern hemisphere, it is the beauty of flowers bursting out. In the southern hemisphere, it is the beauty of the changing trees. The cycles of life are all around us, if we take time to notice. It is the natural rhythm of things.

In a city, it is so easy to forget nature, and get caught up in an unnatural rhythm. Stresses and strains take their toll, as people go through their daily life.

So what I am suggesting, is to take some time to ground yourself, and to take pleasure in nature. Easing your stresses and strains and delighting in nature.

Walk on earth. Now it's possible chilly, or rough terrain, so shoes are acceptable. But if it's warm, and safe to do so. Take off your shoes, and let the earth massage your feet. As you walk feel as if a long tap root is coming out from your base chakra, or feet. This root travels downwards to the centre of the earth, and at the centre is a metal bar, and the root winds itself around that bar. You are now firmly in touch with the earth as you walk along. Give your surroundings your full attention. Are birds singing, or animals rustling, be aware of your environment.

Look at the vegetation around you. Notice which flowers are out, and their stage of flowering. Notice the trees, which part of their cycle are they in. But most importantly, be there in the NOW. Let your stresses and strains just melt away, and recharge your batteries.

Most of us are attached to a certain type of scenery. Mine is the coast, or wooded stream/river. For me water brings that added edge of relaxation. Be mindful of the type of scenery that you love.

Getting out in the countryside, or doing some gardening, has been proven to improve health. So get out there and feel your hands in the soil.

Be connected. In these troubled times, we have to remind ourselves that there is still beauty in the world.

Be focused. Changes are now coming thick and fast, It's so easy to be caught off balance by a wave, and not know which way is up and which way is down. Find what makes you calm and centred.

Be empowered.

Now, is the time.

Suzanne Thomas

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**Deadline for the next issue**

**1st June 2017**

**Next Issue Out 21st June 2017**
All original submissions of the submitter welcome, within the general remit of the magazine. If in doubt ask the Editor.

suzannemthomas48@gmail.com

With regard to articles, we are looking for 1,500 words max, with illustrations or photo’s.

Be a part of this special magazine, don’t hide your light. There is no better time than NOW!

Writing articles, not your thing? As you can tell by past magazines, we are happy to receive input from those of you of a more artistic, creative nature, ie poems, inspired writing, short stories, artwork, photographs, etc. The sky’s the limit.

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Glastonbury Tor, UK

**Linked Meditation**

**Become Involved**

Join with us for the daily sending out of Pure Love, Light and Balancing energies, at 7am GMT, daily, using the focal point of Glastonbury Tor, UK, to encompass the World and all within it.

This is a free activity that any human being can do, in aid of the world that we live in. All can participate and help, there are no barriers.

Not able to make the sending out time of the energies at 7am!

You can still join in and be of great value, by sending Pure Love energy to the Tor, putting on the intention that it is stored there until 7am the next day, when it will be sent out with the rest of the Pure Love energy into the world and to encompass all.

Everyone can make a difference, don’t let anyone else including yourself, tell you different.

**A thought is all it takes.**

Tongo, an off shoot of Fountain International, also sends out energies once a month on the 27th of each month at 7pm. For more information about Tongo go to their website.

www.tongo.org.uk

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Front cover – Jan Bayliss

*Beware intermittent Transatlantic spellings, depending on which side of the Atlantic that you are.*
I find it fascinating how people instinctually respond to events that don’t even happen to them. We as human beings have a tendency to overreact to the choices, actions and lifestyles of others, while we underreact to those of our own. We do so because of our lack of communication, experience and understanding about the circumstances of others. Our interpretations are based upon inaccurate and incomplete perceptions. We are quicker to criticize, judge, shame and dispose of people in our lives than we are to make a difference. Some do this to take opportunity from the downfall and disgraces of others, while most subscribe to this sociopathic behavior to conceal their dependency, disappointment, embarrassment, hurt and pain.

**Spiritual Elitism:**

Yes, we all have it. Get over it. My friend Elva just recently wrote an article entitled, “The Writing on the Wall,” in which she acknowledges the awakening of the human race, then poses the question “what are we awakening to?” This is a much greater concept to ponder in light of the accelerated era of decline in which we currently find ourselves. We who have committed and practice a path of spirituality may not understand that with the expansion of our consciousness, so does our ego grow in equal or greater measure. When we chase after the light we are not present to the darkness we overlook in ourselves. Spirituality has become the new religion. As a culture we fail to observe the pompous influence of our judgement and self-righteousness.

**Experience teacheth Wisdom?**

Each of us have our own experiences. Though, we are more often preoccupied with those of others than our own. We are swift to pounce upon the downfallen in society to bolster our own image and status in the world. We manufacture false power through the negativity of demeaning, demonizing and disgracing others. We present ourselves as aggressive, arrogant, cynical, disempowering and sanctimonious much to our oblivion even when we express ourselves with the greatest of intentions. Our experiences teach us ways to break the patterns of society’s conditioning that ultimately transmutes humanity into a monstrosity. We sacrifice the wisdom we may kindle in life to achieve, acquire, compete, dominate and exceed.

**Where is the Love?**

We all embody ourselves as being civilized, creative, educated, intelligent, kind, spiritual and transcendent. Yet, when we find ourselves in challenging and overwhelming circumstances, we turn on ourselves and each other as fast as the speed of light. Our greatest friends become our bitterest enemies. What we believed, felt and thought yesterday is quickly discarded when we are confronted with conflicting beliefs or opinions distinct from our own. We not only disagree, we respond with outright anger, disdain, frustration and vitriol. Gradually we degrade and destroy all which we do not or are not willing to accept, consider or understand. The love we once had for everyone evaporates. Even our love for ourselves.
Idyllic Life:

None of us, no matter how clever, creative, smart or spiritual we believe we are, are the ideal human being. Each of us has downfalls, flaws, negativity and weaknesses. This is the nature of humanity. It isn’t the people that present themselves with authenticity and integrity with who we have to be critical and suspicious. It is all who chose to present themselves as the ideal expression of existence we should be wary. These are the people who are manipulating reality to gain advantage, advancement, position and the conversion of the world to their own image, lifestyle and vision. The more we fashion ourselves in the shadow of others, the more personal power we sacrifice upon the altar of self-importance.

Mirror Image:

Everyone and everything in our lives serves as an all-encompassing mirror. How we respond to these elements of our experience determines how we think, feel, act and are. The attention and energy we give them ultimately produces the events that will occur to us in our present and future. How and who we choose to be in our everyday life defines who we become and who and what we attract into it. We do not get how powerful we are as human beings. If we did, we most certainly would not be jumping on the comment sections of website articles to take out our angst, drama, failures, fears, insecurities and disappointments about how our lives turned out due to our own lack of investment, involvement and fulfillment.

Ready, Aim...Fire!

Our proverbial guns are locked and loaded for bear in any circumstance we may find ourselves. We are tinderboxes bouncing off of each other, who at any moment can spark, ignite and explode. More often than not we do so with the gravest of consequences. When our environment, experience and perception is challenged and/or compromised, we instantaneously react with a fervor that even shocks and terrifies us. By the time we are present to the impacts of our thoughts, words and actions, the damage has already been done. The scariest revelation is that we are not even conscious of the harm we willingly inflict upon others, when we believe we have been betrayed, deceived, manipulated and lead astray.

Keyboard Assassins:

It is so easy, too easy, to sit down in front of a computer and open fire on what we perceive to be attacks upon our intelligence, faith, lifestyle, morals and well-being. The inadequacies and insecurities of our lives are on full display when we feverishly tap out our anger, disappointment, frustration and upset on our keyboards with a passion that is evidently lacking in our lives. No matter how much we engage in virtual confrontations upon the comment streams of someone else’s article will never change what is happening around us. We can only transform that which is occurring within us depending upon how we respond. The difference we make in our lives and the lives of others begins with our ability to accept all for who they are and who they are not.

Zen and Bear It:

I have known Zen Gardner for a few years. We email back and forth occasionally, share articles on www.zengardner.com and have similar interests. Most of us on the site do, contributors and readers alike. I read his article, “The Missing Years,” and was surprised at the vitriolic response it received. As I was reading, I became present to a part of his life that was both difficult and revelationary, written with sincere authenticity. We never know what we are into completely until we see “The Writing on the Wall.” Zen made a choice to make a difference and attempt to transform injustices he became aware of about something in which he once believed. When he realized he could not, he left it and moved on with his life. The question we all must ask ourselves every day is, “do we choose to make an opinion or a difference?”

Iam

Iam Saums is an author of articles on community, consciousness, creativity, music and transformation. He has been featured on numerous websites, publications and social
media. His vision is to empower and inspire community through creativity.

Enlightenment – Incredibly Easy

By Jill Mattson

Many paths lead people along the long road to enlightenment – when one overcomes the difficulties of negativity in the world of duality. At the conclusion of the journey participants experience nothing but love. Christianity, Hinduism, Buddhism, service and devotion are examples of such paths to enlightenment. Today we introduce a new path... the road of sublime music!

Music can be pleasurable, feel good and birth happiness. One can endlessly listen to music, even while doing other activities. Each uplifting listening experience adds a drop of positive energy to one’s fields. Music, which can engage and entertain, can be influencing us for the entire journey of self-improvement... making this an easier path to complete.

As we listen to music, it overcomes us, by making us tap our feet, calm down or dance a jig. We match the vibrations and rhythms within the music. We can listen to music – until we become the music. We become the “mellow feeling of the serene melody” or mirror the dance-beat. When we “sync” with music – we blend with others doing the same thing, tapping into their collective energy/consciousness.

Don’t birds, wind and rain all have their unique songs? Every movement made by a living thing creates sound – even if it is too tiny for us to notice it. All vibrations interact and even to tiny degrees influence one another. The music of nature – whether or not we can actually hear it – tunes, entrains and enters our energy fields. Notice how your consciousness changes after time spent in nature. We can blend with nature, until there is no separation between us and the living-breathing world of nature. As we sink into nature (and its melodious vibrations) the illusionary boundaries between things and people disappear. When we are too busy to be out in nature, we can enjoy nature sounds through CDs and electronic media!

Vibrations of sound become visible when they amass. Look to cymatics (check out cymatic YouTube videos). Observe sand on a metal plate - vibrating from sound alone - forming recognizable shapes and intricate geometric
patterns. In this way, we “see” sound creating form in matter. Sound allows us to see its shape – proof of its energy-influence in the world of matter.

People are conscious of emotions. Think of a movie sound track or a song and how it makes you feel. In this way, we experience our consciousness with music. Our consciousness observes our own songs and energies. When we see ourselves in the outer material world in this manner, it is as if the “Knower becomes known to itself.”

Each generation has its own preferred type of music AND general characteristics (baby boomers versus generation X, and Rock and Roll versus Rap). Music not only describes the group’s characteristics, but also creates them. The group’s music represents the group energies. By listening to the group’s music we experience the consciousness of the group. By listening, we can jump into their “vibrations” and experience a slice of their consciousness… which ultimately expands our consciousness.

Sound, music and consciousness are not always visible. For example, the vibrations emitted from a flower are too tiny to hear, yet they influence us none-the-less. The invisible feelings of peace remains where the saint and the sage has sat. This feeling can influence the town, city and state - if the saint’s energy is powerful enough. A quantity of this energy must be amassed to see a result in our dense material world. One method to alter our consciousness and that of other listeners boils down to what are we ingesting in sound? And How much of a dosage do we get?

The salvation of the world can be compared to a game of Risk or Monopoly – the largest quantity of energy, which can be found in pliable sounds and music – becomes the dominant song that the masses march to. In the game of Risk, players have different colored game pieces. Whoever has the most pieces wins the game. So if the game board is covered with blue, then blue wins and red loses, as it doesn’t have enough power. There is no struggle between good and evil – simply it is a game of amassing quantities of colored game pieces, which equates to power.

Likewise, music and the world pool of vibrations can be compared to an impersonal game with the largest quantities of vibrations (expressed as music, feeling or thoughts) dominating. The greatest volume of a frequency/rhythm/melody overcomes or entrains another. So we must ponder: what are the songs that the world hears today? How many songs are injecting love versus chaos and destruction into our collective wave pool? How sincere are the singers? When you pray for people in a war torn area, such as Syria, your prayer is like adding a small colored piece on the game board. When you pray in song form – like a mantra or a hymn, and your intent is on uplifting Syria, you place a large game board piece into play. Sound can amplify power. Everyone can use their uplifting feelings and voice to “vote” on what should be the dominating subtle energy of the world.

So what is your contribution to the global energy pool? Everything about you (thoughts, feeling, actions and health) is entered into the global vibrational energy pool. This can be a scary analogy, but there is great beauty in this analogy as well. You matter; your thoughts, feeling and actions can tip the balance of power. Most importantly - are you singing? Out of tune (or whatever) is fine, but use your voice as the powerful tool that it is. We can entrain and subconsciously mimic the sounds of love – an impersonal love (not a needy or controlling) that maintains and uplifts the world.
Jill Mattson Bio


Reasoning with Unreasonable Emotions
David Zenon Starlyte

As a child, a member of my family would frequently burst into rage. He had bouts of anger so destructive and extreme, he became like a raging inferno.

I learnt early on that you cannot reason with emotion.

You cannot try to reason with senseless outbursts, or violence. You cannot try to think your way out of insanity. If someone is irrational, let them be. Find a way to walk away, hide away, or stay far away.

In my experience, it wasn’t always easy to completely avoid him, but when the blaze was bursting, I could usually find a safe place hidden away from view. I developed this strategy at an early age, and in some respects and at certain times, that strategy is still in use.

There is a certain distance and sometimes disengagement with the world that keeps me safe. It’s helpful for all people on the planet right now, particularly in some areas, to shield ourselves from potential dangers. Keeping the framework and understanding that outside of the illusion that surrounds us, we can imagine, find and create our own world—so long as we don’t become numb (as that would be a pity) to our feelings.
I recently had an engagement with a woman on Facebook that interested me from an emotional perspective. I could see that her feelings were hurt, as she was desperately clinging to her ego identity, holding on so strongly to her feelings. Her pain-body was activated, and most of her consciousness was swallowed up by that pain. Being a person with strong feelings, she couldn’t sit outside those emotions—she was unable to engage with other perspectives.

When emotions hit hard, they are the most powerful forces known to human experience.

It is near-impossible to engage with emotions by rationale. Reasoning with the unreasonable is simply impractical. Throwing words at a tsunami won’t get you far.

What she was originally upset about doesn’t really matter. She felt rejected, and in that cage of suffering, her best method of defending herself was to turn it around on me and play the blame game. When meeting another in relationship, there is a moment when their trauma or drama is engaged. Some will “fight” or go into “flight” mode, others will simply freeze. Deep within the core of our being are emotional responses developed from generations of evolution. If left unconscious, these emotions stay dormant outside our awareness, beyond our ability to witness them. Once they are triggered, it is already too late to reconfigure them.

Within a relational setting, how does one approach the emotional world—do we walk away or engage with it?

When your desires aren’t met, it can easily lead to frustration, blame and anger. The feeling of being in control—or its counterpart, being out of control—feeds the insanity that tells us we need to constantly be in control. Hence the frequent manipulation that happens in exchanging energy with people.

The cycle of blame starts with a feeling: I am feeling X.

On some level, this awareness shifts into a thought: Something or somebody has caused me to feel X. Why are my needs not being met? It must be someone else’s fault.

It is self-indulgent to believe that because we are feeling pain, it is somebody else’s fault.

Blame arises and leads to anger, but also the self-righteous notion that there is justification in blaming another person for our feelings. Self-responsibility requires a person to see absolutely that they are responsible for their own feelings.

In Falling into Grace, Adyashanti writes, “If you listen to people interact, at the very instant they get sucked into a vortex, you’ll hear them start to blame, condemn, try to control each other.”

This wheel of suffering, or samsara as the Buddha called it, is a vortex of suffering that is so compulsive and feels so real, we plant ourselves deep into its roots and get sucked into the false reality it reveals.
The only way to shift out of this egoic dreamstate is to become aware of it. When we are aware of its power, it no longer has complete control over us, just like an addict, once aware of his addiction, at least begins to have some ability to listen to another channel, or de-program the hypnosis of addiction.

The low vibration of fear and anger holds us hostage, keeps us stuck in a holding pattern of suffering with no hope of release or resolution. The more we look to someone else to satisfy our ego needs, the less power we have, and the more desperate we become. It is a pathway to emptiness and increasing unhappiness. It can never be truly fulfilled by another person, as the lack is within, inside, separate from externalities. We can never escape ourselves.

Coming back to my personal experience: how does one relate to emotions—especially when the pain-body has been triggered and we’ve entered into a field of irrationality we can’t control?

First, trying to “control” it only makes it worse, pouring fuel on the fire. So what did I do? I initially attempted to engage with the emotion, got nowhere and then retreated. When I felt the person’s behaviour had become toxic, I completely withdrew.

My concern with this woman was that her pain-body was all too easily activated, and being so easily triggered, it would make relating to her challenging. If one is too reactive, it usually falls quickly into toxicity, or in this case just too difficult to deal with. Since she has a strong sense of self-importance, when her feelings are hurt it’s a big deal in her heart and mind. She hasn’t yet developed the ability to look at people’s intentions, and develop equanimity rather than reactivity. Or to take responsibility for how she is feeling, and not project them outwards on others and blame them for her feelings. I did not see any recognition or ability on her part to have a conscience awareness of her behaviour.

I felt tremendous love for this person, even though I stepped away. I just didn’t know another way. The wounded child in her just wants to be accepted, loved and embraced. I can transmute her pain only so much by forgiveness.

The reason I share this story is not to be judgmental of her feelings. They are okay. It is the behaviour that comes with those feelings that are difficult for me to engage with. In addition, this is about my ability to discern what I want to manifest in my life, create boundaries around what is within the realm of acceptable behaviour or not, and keep my bubble of reality sacred and peaceful.

As a teacher, perhaps I failed her, or perhaps some day she will learn something from my “lesson.”

She genuinely believed that I was the cause of her suffering. How could I awaken her from believing that I was the cause of her feelings, and the thoughts she created and imagined around those feelings were not real?

Speaking of his childhood insights (epiphany!), Adyashanti also writes:

“What I realized was that adults spent a lot of time thinking, and more important than that—and more odd, it seemed to me—they actually believed what they were thinking. They believed the thoughts in their head.”

What gives rise to suffering is a sense of self and a story created by the mind, called ego. This is the ego identity we created as infants to keep us safe. As we develop into adults, it starts to limit our growth, keeping us separate and disconnecting us from our whole connection to life. A dog can feel pain and disquiet, yet it does not hold onto its feelings perpetually—it does not reside in alienation. Animals experience life as vast happenings that they are intrinsically a part of.

“When we see ourselves as essentially separate, then we start to think that I have to take care of ‘me,’ that my needs and my wants are of utmost importance, and so we have to make sure that we get what we want, irrespective of what someone else may want or need.” ~ Adyashanti

It’s not that thoughts and feelings are meaningless, it’s just that we are the meaning-creators. We are the ones filling the void with a
life that expresses who we are. If we are unable to separate from our creations and be aware of the expansive consciousness beyond that, we may become lost in our creations, lost in our feelings, and lost in our thoughts.

The way out of the vortex of suffering is to develop a dialogue with that part of you that is suffering. Speak to the rage, speak to the suffering. Start a conversation—it may surprise you how the relationship will develop.

Expect Magic!

David G. Starlyte (ND) ♥

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"One’s destination is never a place, but a new way of seeing things." ~ Henry Miller ~

You Are a Conscious Inviter and Portal

Peggy Black and the 'team'

We are here, joining you once again in this manner, as we observe the events that are unfolding in your dimension. We can affirm and assure you that you are living in exceptional times. You are being challenged as well as reminded that you are here on special assignment. You are here to truly seed and anchor the new reality that will come forth from the chaos and limitations that you are witnessing.

We understand that all that is transpiring has triggered many of your worst considerations and fears. Be aware when you focus on your fears that you are feeding the very things and outcomes that you fear. Energy follows thought. You generate and offer powerful energy with each thought, especially when it is infused with your passion and emotions. Consider for a moment that your thought/emotional energy joins other thought/emotional energy that is similar in nature.

Now you have collective consciousness holding an energetic pattern that is imprinting the quantum field of all possibilities. Then, with alarm, you witness your very fears manifesting.
Understanding this principle and this powerful creative force, you can begin to offer a different focus. You are being invited and encouraged to support life-sustaining outcomes and realities. You are here to be a significant part in lifting-up the collective mind-set.

Humanity has been in a trance, a trance in which they believe they are powerless. They are unaware that they are beyond this one dimension. They believe the projection of separation. They are unaware that they are an unlimited multidimensional being.

From our observation, most earth walkers use their divine creative power upside down and backwards. They place their focus on the very things they do not want. They worry about not enough, and live out that reality, totally unaware that their constant thoughts and emotional stress projected onto the quantum field of all possibilities attracts "not enough."

You are a magnificent multidimensional being. You are pure energy who happens to be hosted in a physical form, a body. Your body-mind has been programmed with limiting ideas and beliefs. We invite you to remember that you are here in this NOW to transform all those limitations that are offered by 3D. You are here to transform all misqualified energies that you encounter. Shake off any discouragement.

Remember, when you call upon and invite these conscious beings of light and love they join you and their energy and presence will follow your focus. You focus on some situation, event or tragedy and invoke their support. Their presence will follow your focus.

You can also shift your experience concerning the media. Practice news homework or as we like to call it, news heart work. Read your papers or watch the news that is being broadcast and rather than being triggered or enraged, pause and focus on one headline or event and invite divine beings to minister to this event or this tragedy.

We can assure you if this were a daily practice of more and more awakened beings, your news...
stories would shift very quickly. Remember that the collective is focusing on what is wrong, what is not working, and this collective is empowering and feeding the very reality that they oppose, the very reality that alarms.

You can invite divine beings to touch and inspire the hearts and minds of those who are receptive, with ideas to create methods to clean the oceans or secure clean energy or find the cure for some illness or dis-ease. Remember there are no limitations here.

Imagine if everyone reading these words began to practice being the inviter and forming a conscious and working partnership with the divine realms of love, light and truth in the 5th and beyond dimensions, what awesome results would manifest in this 3D reality. These beings in the higher dimensional frequencies are awaiting your invitation.

Your planet is in chaos as it is undergoing a powerful transformation and ascension process. You are a part of this transformation and ascension process. You truly understand all that we have shared today.

Continue to expand your own personal consciousness, remember to say to yourself often “I am aware that I am aware” and anchor this awareness with appreciation and gratitude. This very action causes a shift to the 5th state and you will begin to notice that you are looking at this reality from a different viewpoint and perspective. The dysfunction of what you observe will not trigger a sense of anger, fear, powerlessness or helplessness within your field.

Being in this state of being aware that you are aware will truly support you in anchoring and seeding a world that is life sustaining. In this state of awareness and in true partnership with divine, celestial, galactic, inter-dimensional, elemental, angelic and conscious beings from the non-physical realms of love light and truth, you will collectively transform the consciousness of this reality.

We honor your willingness, your courage and your dedication to this transformation and upliftment for all. We offer our support, love and deep gratitude as you anchor a reality of oneness. We are complete.

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"All the patriarchal systems of the ancient world, religious, scientific or social, are evidence of one creative word or "logos". The Archeometer, a primordial solar method of measure, the basis of the Universal Logos, is the base on which these systems are founded; the origin and nexus amongst all those cultures and sacred languages: the common key of all initiatory art, that is to say, linking up the universal harmonies. The work of Saint Yves at the same time permits us to understand the past and gives us orientation for the future, re-integrating all levels of human life in a synthetic vision of the universe, contemplated by the Divine Eye. Therefore the Archeometer is the seal impressed on the Divine Substance by the Word in the act of Creation; a schema of universal application in which unite philology, theology, mythology, astrology, music, architecture, Various social systems, etc"

(From the back cover of El Arqueometro" by Saint-Yves d’Alveydre)

The description of the Archeometer above does not mention its application to healing, but not only can we say that each sign of the zodiac corresponds to a major part of the body, but each of the 360 degrees of the circle can be broken down to correspond to the smaller parts of the body (see A.T.Mann’s “Astrology and the Art of Healing”). If you apply this archetype (the Zodiac wheel or Archeometer)

On etheric screen in relation to the person you are healing, it starts to move it spins, stops and starts. The question is why? And what is it doing? Rudolf Steiner always spoke about etheric formative forces and we can perceive the ether as a precondition of the existence of the material world, the universal truth and he also said that angels were etheric formative forces.

The more that you look at it, the more you can see that there is a Divine Plan, because there is order. The Fibonacci numbers tell us about this order as does the Golden Proportion, 1:1.618, present in all sacred architecture and also in the 5 regular Platonic solids. If you look into the inorganic world of minerals, they all have crystalline forms which relate to the 5 Platonic solids. Fibonacci is in the great energy, the dragon energy of the Earth which we need in healing and which comes out of the Earth in fault lines, stone or tree circles, springs etc. It’s the basic formative force of the universe as the Big Bang, and the universe, is still expanding in this way. It is also present in the organic world, the sunflower, cactus, pine cones, etc, and seedlings grow in that form. There is nothing that is organic or inorganic that does not conform to the Golden Proportion. That is, to my way of thinking, an ordered
universe, but not so ordered that we don’t have free will. We all have free will. This order is also called Philos. Those who say that Love is the law of the universe are right. The more we enter the world of healing, the more we are into the world of proportion and number through the archetypes.

Coming back to the concept of etheric formative forces and how they manifest, we have to bear in mind that not only does the Earth go round the Sun, but every 52 million years the Sun goes round Sirius, and so on. It’s a much bigger, very skilfully contrived machine and its there that we find the origins of DNA. Everything that manifests, be it ourselves at birth or an essence of something, is a slice of that huge Cosmic Salami. The forces that bear upon the DNA and the code changes are in the zodiac. The Plan is in the Zodiac. It’s in the heavens.

That leads us onto another matter that is of crucial importance. Radionics is the science of healing at a distance through instruments (their definition), but I will certainly bear witness to the fact that no machine ever healed anybody unless a human operator was spiritually involved with that machine. You don’t need the machines. There is something called the Malcolm Ray system. The Malcolm Ray cards, which are used with a Radionics black box, have seven circles on them with certain points marked on the circumferences of the circles which are different for each remedy. Malcolm died in 1972, but his widow told us that he was going to add the 8th circle, which shows us that this is an esoteric/occult system. A.T. Mann noted that the cards form the horoscopes or natal charts of homeopathic remedies. I gave Sally Young, an astrologer in Madrid, photocopies of the remedy, Aconitum Napellus, and not realising what it was she told me, “This Aconitum Napellus was a brilliant healer”!

It was a strange confirmation that when extrapolating the coordinates on a Malcolm Ray card into a horoscope, we should come up with the horoscope of a brilliant healer. In Saragossa recently we applied the Archeometer to Aconitum Napellus and it stopped at the same 4 points on the circumference as on the Malcolm Ray cards, which is a basis for supposing that in the Archeometer we have a miniature working model of that huge machine that provides the etheric formative forces.

When we apply the Archeometer to individuals in healing, we know that it seems to be saying that “This person needs a little bit of this, a lot of that”, and so on, and then the finger drops to the centre and completes the healing. Sometimes just the application of the Archeometer changes the genetic code in the etheric without any intervention from the healer. Now if this is true, it could be the most important step forward in healing for many a long day. I’ve personally been working on this basis for a few months and other healers also. I can quote one typical case, a baby, born in Madrid hospital, with an incurable disease in which the skin doesn’t form properly on the fingers or toes and as the child grows the area of raw flesh keeps getting bigger and bigger with the inevitable result. This kind of healing was applied, and after 6 weeks the condition hadn’t got any worse, and six weeks after that it was in regression. There are more examples of dramatic improvements, particularly in these difficult cases. Other people in Spain using this system are reporting similar things, very interesting.

What is even more interesting is the work of Emma Kunz, a Swiss German who died in 1962, most noted for her treatments with herbs and pulverised rock. She left behind
many paintings and geometrical drawings of which she said “This is the medicine of the future for healers who follow after.” It is an enormous and complex collection of geometrical and coloured designs done with the aid of a pendulum, but without any commentary whatsoever.

But happily there were a series of figures she did for which a friend of hers took notes. I have a copy of one she called “Man of the 21st Century”.

There are certain key features in all of this.

The Seal of Solomon is present, there are three different versions of it that form the DNA, they keep cropping up. You’ll find a 60 degree angle – the equilateral triangle – absolutely central to all of this. There is the Cross of Malta in the psyche – the higher ego – the five senses transcended – this is what 21st Century man is all about. The Archeometer holds all of those figures.

**SPIRITUAL EXPEDITION TO SUMMIT THE “PEAK OF PEACE”**

By Brenda Rachel

This is my invitation to you to join me on my Spiritual Expedition to Summit the “Peak of Peace”. I have chosen this as my “Mission Possible” to bring conscious awareness to Global Peace on the Planet through my conscious evolutionary movement called “Humanity With Heart”. My mission statement is:

“It is My Desire to Inspire Everyone Who Comes Across My Path To Help Change Our World into one of Unconditional Love and Universal Peace Through Respect, Caring, Compassion, Consideration and Kindness”

**Invitation Details:**

To: You and Whoever You Wish to Invite

Date: Today

Time: Present Moment

Place: Wherever You Are

Investment: Commitment to Ascending the Summit of the “Peak of Peace”

R.S.V.P. Reaching the Summit Virtually is Possible

The following is a suggested “Spiritual Guide” to assist in the preparation of this spiritual expedition:
“P” – Passion – For the commencement of any spiritual expedition, it is essential that Passion is one of the primary tools used to “Fuel the Desire that Lights the Fire within the Soul”. The vision becomes realized when there is a light that keeps the dream alive.

“E” – Enlightenment – When the knowledge that is housed in the soul is transmitted through conscious thought to the spirit, accepting that all things are Spirit-driven, Enlightenment brings understanding that the journey unfolds in the right time, in exactly the right way.

“A” – Acceptance – Acceptance is the foundation that sets this spiritual expedition to summit the “Peak of Peace” in motion by accepting that Peace is necessary for a “Global Warming of the Heart” and a conscious choice has been made to participate in this pursuit.

“K” – Kindred Spirits – Remembering that, as Kindred Spirits, the connection between each soul is a conduit for the benefit of Peace to be borne by everyone from this spiritual expedition.

“O” – Others Conscious – As part of this spiritual expedition to summit the “Peak of Peace”, being conscious of others is imperative, as this helps to prioritize where the ropes of encouragement, guidance and support are used to assist with internal and external empowerment and motivation to those not already on this journey.

“F” – Freedom – There is nothing compared to the feeling of Freedom when trail blazing through unchartered territory. Imagine being one of the solo pioneers on the planet discovering a new way of being to live in harmony with another and have Peace as the commodity to use as the “trading” currency. Peace can truly be a “whole”istic way of living in a global community.

“P” – Power – Power can have many connotations. The one that is paramount to unifying the world through summiting the “Peak of Peace” is the power that flows through everyone and everything. This planet exists because of the continuum of the flow of this unlimited power and many names have been given to this power. I choose to call it “spiritual” power coming directly from Spirit, moving in and through each person, who has been given the choice to tap into this power at any moment.

“E” – Equality – Disapproval creates dissen-
tion. Approval manifests ascension. As part of Humanity With Heart’s global mission to creating World Peace, the undisputed belief that we are all created equal and come from the same source is at the base of this spiritual expedition to summit the “Peak of Peace”. As soon as there is a “separation” consciousness between each other, this magnifies into negative thinking and produces negative behavior. As the belief of Oneness and Peace is channeled throughout the world, universal positive energy will create equality and harmony within diversity.

“A” – Attitude – Attitude is everything or just about everything! When a positive stance is taken and a faith in the “I Am Able. I Will Do It” unshakeable, All Things are Probable! Allowing positive statements to become part of the daily ritual while on the spiritual expedition to summit the “Peak of Peace” reinforces the areas of consciousness that become impaired in the “critical zone”. Holding on tightly to the concept that “Nothing or No One Outside of Me Will Stop Me” is empowering and creates momentum for greater progress.
“C” – Clarity of Intention – Clarity of Intention is extremely valuable as it defines the intention being set to achieve this spiritual expedition. In the “peaks and valleys” of this summit to the “Peak of Peace”, Clarity of Intention reinforces the commitment to continue at all cost, allowing for no obstacles to sabotage the objective.

“E” – Encouragement – Arm in arm, as the steps are climbed on this spiritual expedition to summit the “Peak of Peace”, words of Encouragement can be heard far and wide in the valleys throughout the globe. The friendship that exists between former enemies is a vision to behold. Walls have been torn down, hearts have opened wide, eyes are bright with compassion, voices are soft and gentle with kindness, offers of help and support are extended to each other and we now all see each other as sister and brother.

If we take a moment to look inside our heart and really feel passionate about truly wanting Peace on the Planet, I request the pleasure of your company at Humanity With Heart to join me on my Spiritual Expedition to Summit the “Peak of Peace”.

From My Heart to Yours
Angel Blessings
Brenda Rachel
Humanity With Heart

Global Prayer
By Pintados

Every few days, or at least weeks we seem to have a call to join in a global prayer for some deserving cause. Many have very specific times and often arrive too late to spread the invitation around our circle of kindred spirits. So how can we show our support for such enlightening activities without having to take on board all the details, which may well be of little direct relevance to our own lives and soul purpose? Simple! We can pray that “Our Will Be Done”. We can join our minds, hearts, souls with the growing band of “Lightworkers”. With a common goal of “the greater good”., WE can all rise to our highest potential. This is a visualisation I find useful in achieving this sense of connection with kindred spirits around the globe… whatever their particular cause!

Sit or lie comfortably, letting your hands rest over your heart and/or stomach. Imagine that your heart is a light – Perhaps a glowing golden orb or purple flame (or whatever feels right for you.) See and feel the light pulse in time with your pulse and / or breathing, gradually spreading out. Visualise the light, your inner light, your divine spark, filling your body and shining out through your whole being. And now be aware of other lights shinning from other kindred spirits: those you pray or meditate with, friends and neighbours who know and practice yoga, Reiki, Tai Chi etc. Bring to mind all those you know who are open to the truth, love, light of One-ness. Be aware of others reading this visualisation.

Allow the lights from all these “Beings of Light” to grow brighter stronger, as we KNOW we are not alone. As each inner light grows it
meets and merges with surrounding lights. Feel your own light join with your local aware friends and spiritual groups. Imagine the various colours of individual flames combining into a rainbow of lights and / or a powerful pure white light. The Light covers your neighbourhood and touches lights from other areas, spreading over your country, your continent. KNOW that all around the earth are others doing a similar exercise, forming a blanket of love around the globe.

Feel the unity and harmony of this One World and your part in it. THIS is the new humanity. From it we can see “the bigger picture” and KNOW what WE have to do. By being part of The One we have the power to achieve that which will bring heaven to this earth.

Whilst still “connected” to this Oneness open your eyes and look around you. KNOW that you are still connected, that your inner light is still us...in whatever way that light guides us! Part of The One Light...that we can...and must...allow our light to shine in the day to day world around.

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**Stillness on Shaking Ground**

**By Carol A. Wilson**

It’s easy to sit complacently within the walls of the world as we know it; however, this complacency can change, as if a gust of wind activates a seed within us and drives us to become nomadic, exploring beyond the safety-security fence we have erected around our existence—not only a physical exploration but an exploration that is psychosocial-spiritual.

Yes, after six high-adventure trips to Nepal with detours to Tibet, Bhutan, and India, Olivia recognized that she was a nomad. Being raised in the military didn’t groom her for this wayfarer life, but rather, having an appreciation for the world beyond what she knew. Her deepest karmic connections, including teachers and Gurus, seemed to lie in the East—not in America. However, traveling to the East meant traveling to a different world, especially when it included the Communist country of Tibet (China) and the third world country of Nepal, a severely underdeveloped, poverty stricken, landlocked, and disaster prone country, divided into three distinct topographic areas that each exhibit their own hazardous profiles: steep mountains in the north, hills, and terrain, all subject to volatile weather. It often meant surrendering to a huge learning curve that required functioning without expectation, accepting the unexpected, and settling into spontaneous suspense and adrenalin-producing, cliff-hanging adventure—even when it meant danger.

There was a 30-day Maoist-guerilla cease-fire when Olivia first explored Nepal during a time of protracted civil war. She trekked through the top of the world in Tibet while under the scrutiny and surveillance of Communist China, hung prayer flags at Mt. Everest Base Camp in high-speed winds as a storm approached, survived Mt. Everest’s freezing temperatures in a wrongly pitched summer tent, disembarked from a plane moments before it crashed near Lamidanda Airport, killing all passengers on board; traveled on narrow, precarious mountain roads in blinding smog during the blackness of night, and sat on a bungee jump platform in Nepal with a 525 foot
plunge. She survived the 7.8 magnitude Gorkha earthquake on April 25 and for 40 days afterwards, which included the 7.3 magnitude Dolakha earthquake on May 12 and over 300 aftershocks, scurried past and dodged in and out of damaged buildings on the verge of collapse; participated in recovery missions for the dead lying beneath rubble, traveled to rural, mountainous villages on a tractor to deliver relief aid to earthquake victims on treacherous roads, replete with grave-producing active landslides, and lived to tell how she survived a thriller action-packed hijacking—not enroute from New York to Houston—but with 20 Nepali men, drunk on raksi, in a remote village in the middle of the night.

Olivia experienced Nepal through rose-colored glasses: The Land of Exquisite Beauty, The Land of the Majestic Himalayas, The Land of Ancient Art and History, The Land of Grateful Children, The Land of Gorgeous Wives, The Land of Men’s Pointed Hats, The Land of Doting Mothers, The Land of Precious Little Girls, The Land of Nepali Smiles, The Land of Poverty and Bamboo Work Baskets, The Land of Colorful Umbrellas, The Land of Ineffective Government, The Land of Spiritual Strength, and The Land of Betrayal and Kindness. And through all of this, by virtue of her birth into a world of sickness, old age, and inevitable mortality, Olivia was confronted with her own sense of meaning. As she experienced and perceived the dynamics of our world, she went toe-to-toe with the suffering, challenges, and decisions that all beings face, which included the capacity to love deeply and then let go.

We have heard the adage that it’s not what happens to us in life—it’s how we deal with it that matters; yet, as “shit happens,” we are ill equipped to understand the complexity of the suffering that we see and feel. We may sink into numbness and denial, believing that suffering will only happen to others. “Perhaps I’ll get lucky and the stray bullet won’t hit me, but him. I won’t get cancer, I won’t get old. I’ll live happily ever after, surrounded by people who love me.” Unfortunately, it is a misconception at the least, and delusion at the most, to believe that stray bullets dodge oneself and hit only others. It is only when freed from denial that we become acutely aware of pain and suffering, and we wish to be free from it. No one will deny that even insects will run from suffering. We all wish for happiness. None of us wish to suffer. Ironically, if we are confused or do not understand the root cause of our suffering, we are clueless about how to alleviate it. We grasp at solutions outside of ourselves that can actually create or exacerbate suffering.

At the minimum, some of us are motivated to develop healthy coping skills, which are helpful, but not a cure for suffering. Others choose to self-medicate with prescription drugs, alcohol, nicotine, and recreational drugs that often become addictive. The outcome—we operate on autopilot with an unrelenting loss of freedom. Others reach for Starbucks, chocolate, and “comfort food.” Many choose to blame other people for their pain and suffering, not taking self-responsibility by turning the pointed finger at oneself. Still others simply accept and succumb to occasional joy and suffering as if on a roller coaster, never knowing when the next up or the next down will hit or when the next land mine will detonate.

For others, like Olivia, suffering can motivate one to become a wayfarer and search for greater meaning in life. A positive trajectory, and for many, the beginning of a new life experience, begins with a wish for something more—something not seen with the eye—something so deep that a compass seems to point the way in a new direction. There is a tug, a nudge, a knowingness that another perspective will help us make sense of the undertows and currents that have pulled us under on one too many occasions.
Seeing the beyond-magnificent Potala Palace for the first time is jaw dropping. Built in the 7th century, it was the chief residence of the Dalai Lamas until the Chinese invasion in 1959 when the XIV Dalai Lama fled to India. It was constructed by the 5th Dalai Lama in 1645. The building measures 1,637 feet east-west and 1,148 feet north-south, with sloping stone walls averaging nearly 10 feet in thickness and more than 16 feet at the base, and with copper poured into the foundations to help proof it against earthquakes. This is difficult to believe but there are thirteen stories of buildings containing over 1,000 rooms, 10,000 shrines and about 200,000 statues. To the west and higher up the mountain the Red Palace contains the gilded burial stupas of the past Dalai Lamas. The Palace soars 384 feet on top of Marpo Ri, the “Red Hill,” rising more than 1,000 feet above the valley floor. The Palace is now a museum and a UNESCO World Heritage Site.

Walking up the hundreds of steps to the Potala Palace was the one day that Olivia struggled with the high altitude, and she was behind everyone, gasping for breath. She realized the impact of the altitude when all of her black, Precise V7 liquid pens exploded, and heard that many computer hard drives don’t survive. However, once the ascent was made she was fortunately over the hump. She’ll never forget the roped-off stairways that were only used by the Dalai Lamas, the exquisite stupas where previous Dalai Lamas were entombed, and the bedroom of the 14th Dalai Lama, including a sitting area where he studied. There was a gift shop where stamped books of the Potala Palace could be purchased along with huge, white khatas with a red design of the Palace. Olivia purchased two khatas. Because she had a weakness for books she tried to avoid them because of weight travel restrictions, a nemesis for Olivia. On the descent from the Palace, Olivia felt much better and followed behind two professional photographers. When one of them climbed into a moat and lay down on his back in order to shoot pictures, Olivia did the same. When another photographer walked into a field of lavender and white daisies to shoot pictures of the Palace grounds through the flowers, Olivia did the same. She learned a few things about photography and, as a result, snapped some excellent pictures of the Potala Palace that she will always cherish.

Olivia found large, square, heavy cotton prayer flags at Swayambhunath Stupa in Kathmandu in order to hang at Mt. Everest Base Camp. There are two kinds of prayer flags: horizontal ones, called Lung ta (Wylie: rlung-rta, meaning “Wind Horse”) in Tibetan, and vertical ones, called Darchor (Wylie: darlcog, meaning “flagstaff”). Lung ta (horizontal) prayer flags are of square or rectangular shape, and are connected along their top edges to a long string or thread. They are commonly hung on a diagonal line from high to low between two objects (e.g., a rock and the top of a pole) in high places such as the tops of temples, monasteries, stupas, and mountain passes. Darchor (vertical) prayer flags are usually large single rectangles attached to poles along their vertical edge. Darchor are commonly planted in the ground, mountains, cairns, and on rooftops, and are iconographically and symbolically related to the Dhvaja. Traditionally, prayer flags come in sets of five: one in each of five colors. The five colors are arranged from left to right in a specific order: blue, white, red, green, and yellow, representing the five elements and the Five Pure Lights. Different elements are associated with different colors for specific traditions, purposes, and sadhana. Blue symbolizes the sky and space, white symbolizes the air and wind, red symbolizes fire, green symbolizes water, and yellow symbolizes earth. According to Traditional
Tibetan medicine, health, and harmony are produced through the balance of the five elements.

There are many different images and mantras that are woodblock printed on prayer flags. The prayer flags that Olivia found at Swayambhu had a printed image of Green Tara in the center of each flag, surrounded by prayers and mantras written in Tibetan—prayers not to gods but prayers and mantras to be blown by the wind to spread good will, peace, strength, compassion and wisdom into all pervading space, benefitting all sentient beings; however, the image of the wind horse printed in the center of the prayer flag is also commonly seen. “The term wind horse refers to the fact that the flags blow in the wind, or ‘ride’ the wind, whereby the power of the sacred images and invocations printed on them are dispersed into the world at large, benefitting many levels of beings and the natural environment. The virtue accrued from the act of raising prayer flags then carries on into the life of the person(s) offering them, and to those whom they dedicate the merit of such an offering. This is possible because of the total interdependence of all mind, life, and phenomena. Through such ritualistic gesture, joined with wholesome, magnanimous intention, that web of interdependence (tendril, Tib.) can be accessed and and influenced” (Warren, 2014). Because the symbols and mantras on prayer flags are sacred, they should be treated with respect. They should not be placed on the ground although they can fall to the ground and should not be used on clothing. When old prayer flags are replaced with new prayer flags on the Tibetan New Year, they should be burned rather than simply discarded.


(Excerpts from Carol’s new book. Features in Book Reviews)
The stunning blue, bell-shaped flowers are arranged in long, terminal, arched inflorescences called racemes; that is, as stalked flowers on single, leafless stems. Each bloom has two coloured bracts, a characteristic droop and edges that curl tightly upwards. Each of the six petal-like sections has a white anther stamen attached above its base. The leaves are long, strap shaped, fleshy and glossy. The capsule-like fruit opens by three valves releasing many black seeds. The plant also multiplies by bulb offshoots.

Bluebell woods are truly magical places that folklore claims are full of enchantments which may be dangerous to the vulnerable. Some of this peril could relate to the plant’s connection with the hyacinth which has associations with grief. For example, there are parts of the country where bluebells are said to bring death or bad luck if brought into the house. And, of course, it goes without saying that anyone hearing a bluebell ring always dies immediately!

There are several Bluebell essences on the market and some obviously reflect the personal experiences of the producer. Vivien Williamson’s (Sun Essences), for example, embodies ‘the fresh, uplifting quality of a Bluebell Wood’ whilst my own (Stewart Essences) ‘cheers up over-serious or sad children of all ages and helps adults to recapture their youth’.

Some writers such as Carol Rudd5 have attempted to generalise the bluebell’s influences. ‘(It) releases us from constraints resulting from childhood adaption and helps us to express ourselves and engage in what really fulfils us.’ 1 Colin Kingshott has taken this a step further with a vivid description of how he feels bluebells work. ‘The interference pattern of sound waves from bluebells is highest at 6pm when its energy moves along the landscape, massaging the beech trees and other plants as it does so. Bluebells pervade with an ethereal mist of quietness and solitude and this has an overwhelming impact on the human form helping to move blocks of energy that form around the throat and heart chakras. Once this process starts it can move very quickly.’ 2 Perhaps it is not surprising, therefore, that Carol recommends bluebell essences for ‘the shy and tongue tied’ and that Colin’s own bluebell essence (Silvercord Essences) ‘opens up channels of communication and expression. The flower helps us to release old mental and emotional patterns and to help us to deal with fears – fears of being noticed, fears of ridicule and fears of being punished. This beautiful flower will help to release these fears from the cell memories.’

In this vein, Sabina Pettit (Pacific Essences) describes her bluebell essence as being useful for ‘giving up constraints, opening the channels of communication.’ and Colin Burbridge and Catherine Keatch’s (Crystal Herbs) essence helps ‘creative expression,
singing, music, chanting and sound therapy.’ Essences from bluebells, therefore, offer a wide and interesting range of qualities. And, who knows, perhaps you will discover new ones for yourself when you once again experience the joy of seeing this much loved and quintessentially British plant in bloom.

References

NB Aconite is a very poisonous plant, but a good homeopathic remedy for shock, fright, sudden things etc.

The Church of Love
By Suzanne Thomas

In the last issue of the Magazine, in my Postscript, I mentioned the Church of Love, and promised to expand on the subject in this issue.

When the Church of Love was first brought up in Fountain International many years ago, in an attempt to bring it out from the shadows, hands were thrown up in horror. Now this was more to do with the title, more than anything else. It was thought to have very religious overtones. Much discussion followed, and a new name was thought of “Alphagea”, but even so, the timing was not right, and it faded back into the shadows.

The Church of Love comes from the Cathars, and the Cathar Prophesy.

In 1978 on a visit to Montsegur in the Cathar country of S.W.France, Colin Bloy had dowsed in the meadow where 300 Perfecti were burned alive in 1244. The dowsing revealed a Latin text which referred to the rebuilding of a church in Andorra in 1986. In March 1985 Colin was prompted to write the proclamation of the Church of Love – he says the words were not his – and this Church was proclaimed in Andorra on Good Friday, 28th March 1986.

Fountain International was very much shaped in the image of the prophesy and proclamation, and every now and again I like to put it into the Magazine, just to remind people.

In these dark changing times, I think now is the time for the Church of Love to come to people’s attention and come into the light.

We live in very unstable times. Even with information, a spotlight has been thrown on fake news, so we no longer know what to believe. Politics around the world seems to have fallen into a boiling pot, and things are beginning to break up. This is all part of new things coming in, so its not something to be feared of, but worked with to make sure of the best outcome. We all want to leave footprints in the sand, and not butt prints.

If you feel drawn to the Prophesy then allow it into your heart. It is a possible way of being. If you feel drawn to reprint the Prophesy, to share it with others, feel free to do so, but acknowledge the source to www.fountaininternationalmagazine.com

If you have any thoughts etc, please e mail me at suzannemthomas48@gmail.com

In accordance with an old prophecy...

The Church of Love is proclaimed in 1986.

It has no fabric – only understanding.

It has no membership – save those who know that they belong. It has no rivals – because it is non-competitive.

It has no ambition, because it only seeks to serve.

It knows no boundaries for nationalisms are unloving.

It is not of itself because it seeks to enrich all groups and religions.

It acknowledges all great teachers of all ages who have shown the truth of Love.

Those who participate, practice the Truth of Love in all their daily being.
There is no walk of life or nationality that is a barrier. Those who are know.

It seeks not to teach but to be, and by being enrich. It recognises the collectivity of all humanity and that we are all one.

It recognises that the way we are may be the way of those around us because we are that way.

It recognises the whole planet as a Being, of which we are a part.

It recognises that the time has come for the supreme transmutation, the ultimate alchemical act, the conscious change of the ego into a voluntary return to the whole.

It does not proclaim itself in a loud voice but in the subtle realms of loving.

It salutes all those in the past who blazoned the path but paid the price.

It admits no hierarchy or structure, for no one is greater than another.

Its members shall know each other by their deeds and being and their eyes and by no other outward sign save the fraternal embrace.

Each one will dedicate his or her life to the silent loving of their neighbour and environment and the planet, whilst carrying out their daily task, however exalted or humble.

It recognises the supremacy of the great idea which may only be accomplished if the human race practices the supremacy of Love.

It has no rewards to offer, either here or in the hereafter, save that of ineffable joy of being and loving.

Its members shall seek only to advance the cause of understanding, within whichever church, group or family they happen to be.

They shall do good by stealth and teach only by example.

They shall heal their neighbour, their community and our Planet.

They shall know no fear, and feel no shame and their witness shall prevail over all odds.

It has no secrets, no Arcanum, no initiation save that of the true understanding of the power of love and that, if we want it to be so, the world will change but only if we change ourselves first.

ALL THOSE WHO BELONG, BELONG, THAT IS THE CHURCH OF LOVE.

Many churches, groups and sects are impositions by the few on the many, preying on weakness.

The Church of Love is the reverse, it liberates and promotes individual strength.

Such vestigial structure as it eventually may have, must come from those who are part of it.

(Please remember we are talking about Pure Love here, and not the emotional love.)
Aries – Rising Fire

The Sun passes through the sign of Aries from 20 March – 19 April

Aries is the first sign of the Zodiac. The symbol for which is the Ram's horns.

This is the youngest of the Fire signs that starts a new zodiac cycle at the Spring Equinox.

Head first we journey down the birth canal of Pisces to be reborn at into the Aries new year with fresh hope and plenty of energy.

Aries is an anagram of Arise. The Old Irish name for this sign is Niamh Eirge means rising fire.

At this time of year the rivers swell and the sap rises in the trees, species mate under the Equinox Full Moon and the planet throbs with new life.

Headstrong and raring to go, impulsive, dynamic and wilful are all attributes of this sign.

Aries rules the head so we must manage our energy well during this month to avoid rash decisions, headaches and burn out. With Uranus transiting through Aries for the next few years, the neural pathways are firing in new directions bringing insight and flashes of rebellious brilliance.

Aries ruling planet is Mars, the graceful warrior whose symbol is a circle and an arrow representing a shield and a spear.

Esoterically it is where we take our solar life force energy and direct it.

So how to work with this energy?

Every year as the Sun passes through Aries we are all immersed in this specific frequency and able harness the energy.

We all have Aries in our chart somewhere and the position (or house/s) that it occupies shows us where we can best apply the beneficial aspects and tackle the challenges that it brings.

Physically – Aries is focussed on the head. Pushing forwards, head-first is a characteristic of Aries. However learning when to act and when to be still can save a lot of pain, headaches and frustration.

Mentally - With Uranus passing through this sign for the next few years, the neural pathways of our brains are being rewired. Make some room for bold, daring and revolutionary new ways of thinking to come flooding in...

Emotionally – The axis of Aries/Libra is, on a low level aggressive/passive. So to work on any passive aggressive feelings and behaviour during this month will help clear the channels to more harmonious relationships.

Soulfully – Aries starts the cycle of Life and to begin with it is all about the Self. However, after a few times around the wheel, an elevated Aries recognises and harmonises with the higher/inner Self. This is their true calling.

Harness the energies this month:

The Full and New Moons reflect across the Aries/Libra axis of the masculine and feminine forces. Seek balance and recalibrate.

Moon times:

28 March – New Moon in Aries

Relight your fire...
11 April – Full Moon in Libra
Balancement and pure empowerment.

Herbs:
Aries – Ginger – Invigorating and Warming
Libra – Rose – For Balance and Harmony

Crystals:
Aries – Clear Quartz – A fresh start full of Potential

Libra – Rose Quartz – Inner Love and Peace

Taurus – Stop and smell the roses

The Sun passes through the Zodiac sign of Taurus from 19 April – 20 May.

Taurus is the second sign of the Zodiac. The symbol for which is the Bull (and Cow).

Taurus is the Spring Earth sign and as such is nourishing, blossoming with new life, nature loving and beautiful.

This is a great time to reconnect with the energies of this planet and recharge our batteries with a dose of pure green vibrational goodness.

The slow moving nature of Taurus knows how to enjoy life now. Presence.

So how to work with this energy?

Every year as the Sun passes through Taurus we are all immersed in this specific frequency and able harness the energy.

We all have Taurus in our chart somewhere and the position (or house/s) that it occupies shows us where we can best apply the beneficial aspects and tackle the challenges that it brings.

Physically – Taureans have a great connection to nature. They also love their food. The key to working with the energies this month are to make sure that we get out and enjoy the spring countryside, get plenty of exercise and maintain a balanced diet.

Emotionally – Heartfelt and loving, sometimes our emotions can be overwhelming. There is a need to remain flexible and to love ourselves first before looking for security in the love we want to receive from others.

Mentally – This is a great time to practice being present. Slow down the pace. Do less and do it more deeply.

Soulfully – The real nourishment that Taurus represents is our divine connection to Source. All the physical and material and emotional concerns of this sign are merely substitutes for spiritual love.

Harness the energies this month:

The Full and New Moons reflect across the Taurus/Scorpio axis of Life and Death, sensuality and sexuality.
Moon times:

26 April – New Moon in Taurus
Calm the mind, centre the spirit.

10 May - Full Moon Scorpio
Alchemical power deep within.

To tune in further, here are the herbs and crystals that I feel aligned to Sun and Moon this month...

Herbs:
Taurus – Patchouli – Sensuality & Abundance
Scorpio – Myrrh – Alchemical Healing

Crystals:
Taurus – Malachite – Earthing
Scorpio – Haematite – Magnetic

Gemini – Yin and Yang

The Sun passes through the Zodiac sign of Gemini from 20 May –21 June.

Gemini is the third sign of the Zodiac. The symbol for which is the Twins.

Gemini is the Spring Air sign and as such is young, joyful, stimulating and free.

This is a great time to tune in to receive inspiration as well as to go out and socialize with kindred spirits and enjoy the long summer evenings.

So how to work with this energy?

Every year as the Sun passes through Gemini we are all immersed in this specific frequency and able harness the energy.

We all have Gemini in our chart somewhere and the position (or house/s) that it occupies shows us where we can best apply the beneficial aspects and tackle the challenges that it brings.

Physically – The parts of the body connected with Gemini are the lungs, eyes, arms and nervous system. All of which are communication systems in one way or another. Nourish the nervous system when things get a little scatty, slow down, breathe...

Mentally – Gemini are quick witted and can get caught up in the chatter of the mind. Sometimes this can lead to insomnia or anxiety. Put your mind to good use. Practising mindfulness and physical exercise are beneficial as well as problem solving and creative writing projects.

Emotionally – Balancing the mind and the heart can be a challenge. Checking in with your emotions regularly is a good practise. Song writing and dancing/movement to music that stirs your heart is also a good connection.

Soulfully – The twins of Gemini are often searching for their other half on the outside, but it is inner spiritual self-completion that they are actually here to find. Many Geminis report feeling a split internally - this can be happy and sad, introvert and extrovert, young and old and many more. To find the in yang fusion of these opposites is to find inner peace.
Harness the energies this month:

The Full and New Moons reflect across the Gemini/Sagittarius axis of Thought and Wisdom; the processing mind and the higher mind. We can tune into higher thoughts and inspiration if we consciously centre our attention.

**Moon times:**

25 May – New Moon Gemini
Harness your energy and direct it wisely.

9 June - Full Moon Sagittarius
Wisdom is knowledge applied.
To tune in further, here are the herbs and crystals that I feel aligned to Sun and Moon this month...

**Herbs:**

Gemini – Chamomile – Simple & Calming

Sagittarius – Frankincense – Powerfully expansive

**Crystals:**

Gemini – Citrine – Balanced and Centred

Sagittarius – Lapis Lazuli – Spiritual Truth

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From the Archive

The Chrysalis

By Peggy Bunt

If you could break through that barrier of doubt and fear, you would become a new person and your whole world would be made new.

Think of the chrysalis. The caterpillar has fulfilled its task. It has eaten its way to the appointed hour and spun itself into a cocoon, which is the womb from which a new creature will be born. Within that cocoon the miracle of transformation takes place, without any action on the part of the caterpillar. In fact that creature seems to disintegrate and break down into its basic elements and it would seem to be no more.

Yet the components of the miracle are already present and the miracle is taking place, moment by moment; the building and re-creation that is to bring forth a new creature made of the stuff of the old, but in a completely new and unrecognisable form. And what a form! A new creature of such beauty and grace and utter loveliness. A creature of flight to
replace the crawling insect. A creature of absolute delicacy and flower like beauty. What a contrast to its caterpillar, let alone its cocoon the butterfly!

There is God's design. And if you could say to yourself, "My caterpillar life is over. All that is past" and spin yourself into your cocoon of utter trust in God and His Power and His overall Design, letting God be God in you, then the miracle of transformation would be able to take place.

The truth about the chrysalis is that the past is over and done with. The act is over. The curtain has come down on it. As a learning process and as a karmic debt, it is finished. The curtain rises again on a new act, the action of which arrives out of the first, but is its own new area of decision and of choice. The play proceeds.

To return to the life cycle of the butterfly, the final transformation is made possible only by the period of ending and renewal which takes place in the cocoon. The caterpillar is no more. It becomes a nothing for a while and only then does the building process begin anew.

Put aside the past. That is over. Only if you let it, can it have any hold upon you now.

Pierre’s Dreamspot

Will be back in the next issue

If you need help in deciphering a dream or spiritual experience, Pierre is your man. He is very insightful, and has received much praise from the people who have used this service.

No charge is made. All is done in strict confidence, and names can be changed for Magazine purposes.

So waste no time if you need clarification on a dream or experience.

Send to
suzannemthomas48@gmail.com

Happy Equinox

suzannemthomas48@gmail.com

Happy Equinox
I started work on this meditation some twenty- four years ago, i.e. before the millennium. I have returned to it from time to time, when I felt the call, but not for several years. It seemed to become very complex and I was unable to see its fruition.

Now I am getting the feeling that it is time to return to it once more, but this time I am being asked to bring others into the field in order to strengthen the energy being applied.

I will try to explain what has gone before.

Initially it seemed like a night sky with a vast and complex scattering of dots of light, although not the star-filled sky that I am accustomed to seeing on those occasions when we do not have an overcast of cloud. After seeing this several times whilst in meditative state, I began to discern changes and became aware that there was a pattern emerging, but an incomplete pattern with some irregularities.

It came to me that this visualisation represented, at my consciousness level, a grid or matrix of either the etheric body of Mother Earth, or her magnetic field. The incompleteness of the pattern – the missing parts if you will, - indicated damage, at the etheric level, to the pattern of energy, Cosmic Energy, which supports this Earth’s physical existence. Since I had already become aware that Planet and Humanity are locked in a process of concurrent evolution, then it seemed to me that what was being asked for was a programme of repair work.

Gradually, over a period of some weeks, I was given a sequence of creative visualisations constructing, so to speak, a network of energy which would be supportive of that already in existence; that is to say the network which had suffered damage at the hands of some negative forces.

Some claim that the earth and everything about it can be explained and understood through mathematics. Others would say that maths explains only the physical side of things; and that understanding the energy forces that sustain the planet, and reach out to the spiritual aspect of life on earth goes beyond mathematics. There is a link however which can be termed ‘sacred geometry.’

Changing tack for a moment; those wiser than I am, tell us that we are creating our reality. We are creating each new collective reality every moment. Our thoughts and feelings and actions are far more powerful than we could ever imagine. I have related elsewhere my own experiences regarding changing the behaviour of caterpillars, seagulls and even weather performance and volcanic activity. For the most part, we earth dwellers, in this present era of planetary development have, thus far, taken little or no responsibility for such things. That is changing and changing so quickly that all sorts of possibilities, undreamed of for thousands of years of human consciousness, are emerging. These changes are related to the evolutionary movement of our host planet. Of course, not only our planet is moving in this way, but our whole solar system, within our galaxy too, is engaged in this elliptical movement. Within each cycle of such shift, the earth’s polar axis ‘wobbles’ so that at different times within the cycle we are either closest to, or furthest away from, the centre of our Milky Way Galaxy.

The Ancients, as we like to call them, notably the Tibetans and the Hindus, recognised that, as we travel away from the centre of the galaxy, in spiritual terms we fall asleep; and as we turn the corner, so to speak, we begin to wake up. At each of these two extremes, there occur tremendous changes of consciousness of beings and changes of poles on planets. Various theories have been propounded as to why these pole shifts occur. Among them, the
ice caps expand/contract and cause the Earth to go off balance, like a gyroscope. A more modern theory is called magnetohydrodynamics. This proposes that the behaviour of the semi-solid layer beneath the Earth's solid crust is relevant. Some of the time this layer acts as a solid and keep's the crust in place whilst at other times, notably when there is a major collapse in the Earth's magnetic field, this layer acts as a liquid, allowing the Earth's crust to shift its position. If it has happened before, the physicists tell us, then the surface of the Earth moves at about 2,000 miles per hour and the winds approach 1,000 miles an hour. Utter devastation ensues and all sorts of things have to start all over again. So, ideally, if we are becoming aware of such a possible scenario, then we, as the co-keepers of the planet, need to do something about it. And, as I am seeing things, we are being empowered so to do.

Right now, within just the last few years, we are told, astrologically we have been transiting into the Age of Aquarius; we are sitting just past the turning point of beginning to move back towards the centre of the galaxy. We are currently reaching the limits of sustainable population and environment on planet Earth. So the degree of the Earth's pole shift at any time is directly related to consciousness on Earth and how much that consciousness will change. That is, there is a mathematical relationship between consciousness and degree of pole shift. This relationship came to me during a meditation back in January 1998, when I was asking a lot of questions. Sometimes I understood the questions and sometimes I did not. Likewise the answers, and when I enquired about this relationship the answer that came was more of a riddle than an answer and I am still waiting for someone to explain it to me. It goes like this:-

WHETHER THE SHIFT IS TO THE FOURTH DIMENSION OR THE FIFTH DIMENSION IS A GRAVITATIONAL TRIGONOMETRICAL EXPONENTIAL OF THE CONSCIOUSNESS IMPETUS, WHICH ITSELF IS DEPENDENT ON THE PERCENTAGE TRANSITIONAL SOUL VOLUME, AT THE TIME OF THE CHANGE.

Ok, you follow that? No, nor do I. But what I do glean from all this is that there is a route for us to access the energy by which we can contribute to the re-awakening of humans to their spiritual relationship vis-a-vis the evolution of race and planet. That route combines having an awareness of our own power and ability, and employing mathematical patterns to create energy pathways to affect the optimal process of planetary and human evolution. These mathematical patterns lie somewhere between the mathematics relying on straight logic and the more instinctive maths we term 'the sacred geometry.'

At this time, I feel we need not delve too deeply into these aspects. Rather I will talk for a moment about sacred geometry because one particular aspect of it relates to the meditation in which I would like you to join me for the purpose of influencing what appears to be occurring right now. Influencing, of course, for the benefit of Earth and Race.

Sacred Geometry is a fascinating and complex subject and so I merely want to pluck from it, the Fibonacci Sequence. Leonardo Fibonacci, a mediaeval mathematician, noticed a particular order or sequence that plant life uses to grow and he found that this particular ratio kept coming up everywhere. See the pine cone for one, easily recognised example. There is a website where there is much more detailed information on this.

In my 1998 meditations I was being shown that the Earth's magnetic energy field was suffering damage because of all the things that
are happening, such as global warming, deforestation, chemical release into the atmosphere, the extensive consumption of hydro-carbon fuels, human-activated nuclear fission and fusion, ice-cap melt and dilution of the oceans, etc. etc. You will have heard the phrase ‘as above, so below.’ Rectifying these detrimental influences on a physical level is one thing, and is largely down to the politicians and the environmental scientists.

On a spiritual level, however, it is down to us. Those of us that is, who are aware on a spiritual level. If we are so aware, then we can use meditation involving the use of creative visualisation to influence and correct the magnetic field damage. (There are other factors, at other levels, in a different vibratory environment; these we will deal with later in a separate mediation practice to which I have already referred.)

I was shown how this can be approached and I will explain it as best I can. By using creative visualisation whilst accessing [in meditation] the higher vibration levels, we are empowered, in conjunction with spirit beings working on those higher dimensional levels, as well as those on lower levels, to re-energise and repair those aspects of the earth’s magnetic energy field that are currently out of balance.

Following the guidelines, we can combine our separate energies to achieve this service to our planet. Remember always that each one of us comes into incarnation from a multiple soul grouping; service to our planet is our prime function during incarnation; and devotion to that service is our principal source of enhancement of our spiritual development.

Because my mathematical knowledge is very limited, by which I mean that my performance at school at Geometry and Trigonometry was dismal, I am allowing guides to take over describing the form or pattern they want us to visualisationally construct around Earth’s geomagnetic field, in this first meditation.

The geomagnetic field of our Planet extends from within its physical sphere, out into space, where it meets the solar breeze at an altitude of some six thousand two hundred miles [10,000 km] For our purposes we need not be concerned with other functions that concurrently transpire within that dimensionality, since these are handled by higher level beings as described below.

1 Visualise Planet Earth, its axis slightly tilted in relation to the line of its solar orbit, enclosed within the geomagnetic field before described, caressed by its enveloping solar breeze.

2 Extend the line of the planetary axis both northerly and southerly until that line intersects the envisioned spherical boundary between space and solar breeze. Mark those two points of intersection. The distance between the two points is some 20,317 miles [32,742 km] which is relatively unimportant to our purpose but enables intellectual conception of the relative spatial dimension of the current task. We will now visualisationally construct, at this spherical level, a complex energy pattern using each of those two points as an intersectional datum for a series of energy lines which, whilst not directly penetrating the envisaged volume, will nevertheless, energetically impact that volume, enabling the appointed-energy-manipulation-functionaries [operating at higher vibratory frequencies,] so to utilise the strengthened framework as to repair and revitalise the currently damaged and malfunctioning aspects of the aforesaid geomagnetic field.

3 The series of energy lines referred to above is extraordinarily complex and almost impossible to hold as a creative visualisation, even at third-eye level. The skeletal structure begins with a series of great circles passing through the poles, as in the manner of the meridians used in navigational practice. The great circles pass through the equatorial line of the great sphere envisaged at the space/solar breeze coincidence, at intervals of 15°. Along each of these lines, also at 15° intervals, visualise projection of a three-dimensional Fibonacci spiral, that is to say not in a flat plane but following the curvature of the pre-defined great sphere. At each point of origin of the Fibonacci spirals, visualise a minute point of light. At each point of intersection of the extended multiple Fibonacci spirals, [a number which becomes unimaginable to the human mind] visualise a
minute point of light. By projection, the whole of the great sphere will be thus enclosed in minute points of light. However, each point of light is not visible light; this term is used because the human oriented mind cannot ‘see’ the energy functioning at that point. The energetic function at each of those unimaginably numerous locations is the basic structure of what is termed scientifically as the earth’s geomagnetic field. (I cannot imagine what any physicist would make of that.)

4 It is the role of earth-borne energy manipulators to engage in maintenance of the above-described energy structure. There follows at 7, a description of the manner in which this is performed.

5 It is the role of the previously-mentioned, appointed-energy-manipulation-functionaries [operating at higher vibratory frequencies,] to transform the energy so-delivered to the higher frequencies appropriate to the purpose of maintaining the higher frequency aspects of the great sphere and the geomagnetic fields contained therein.

6 The source of the energy filtrated into the above-described matrix lies within the Milky Way Galactic core. The manner of its delivery into individual planetary energy fields is by action of the, in this case, earth-borne energy manipulators. The physical comportment of the human body during the process is of comparative unimportance, whereas the fitness and nourishment is, and it is the responsibility of the individual to manage this for optimal efficiency.

7 Ideally, the chakra system should be monitored and activated. Grounding of the energy is from the base chakra via the brown Earth Chakra [immediately below the red Base Chakra] and into the Earth’s telluric energy flow and associated distribution network.

Complicit with this, ground also the six minor chakras located in pairs a) at the groin or gonad, b) behind each knee c) beneath the sole of each foot. These are supplementary earthing or grounding paths for additional stability during transiting of stronger energy streams. When activating the chakras, it is desirable to visualise their opening in pairs; base/red with crown/violet, sacral/orange with brow/indigo (or amethyst), plexus/yellow with throat/blue, and lastly heart/green. At this level of activation, the colours can be seen flowing and counter-flowing, intermingling [but not intermixing] within the auric field.

Visualise the stream of Cosmic Energy entering your energy field at the crown chakra, flowing down through the auric field (where a measure of processing occurs) exiting via base chakra and earth chakra into the Earth’s core. Here, the Elemental Spirits of Earth, Water, Fire and Air take over and the energy is directed by them to the axis, and projected via the north and south points of the 20,317 miles [32,742 km] long axial line where the appointed-energy-manipulation-functionaries [operating at higher vibratory frequencies,] complete the operation of integrating the energy into the Earth’s geomagnetic field.

Q.E.D. quod erat demonstrandum – which was to be proved.

That bit I do remember from my school lessons, although I am not sure about ‘proved’

Although I have returned to this meditation from time to time, I have never been able to ‘see’ its completion. Only today, after several years in which I had virtually forgotten it, I “accidentally” came across the foregoing in my computer. I instantly became aware that my guides were beating me on the head for attention. I am being asked to invite others who might wish to participate in carrying out this difficult act of Love for our Planet.

I am also told that this is what I have been doing, though without full awareness at the consciousness level, for the past twenty-five years, as Joyce and I travelled the world. Joyce, who was far more ‘connected’ than I was, used to tell me that, at the many hundreds, perhaps thousands, of places where we stopped on our travels, I was drawing in streams of energy and anchoring them back to the earth; rather, she said, like an electrician soldering wires to connectors. She also told
me, before she died in June 2015, that she was leaving me so that I could complete this task, my World Task, without encumbrance and within this current lifetime.

Books and Book Reviews

The Tree Spirit Oracle took as its starting place the Celtic Tree Oracle but greatly expands the number of trees used and completely re-examines the practical symbolism, visual patterns and energy signatures of each tree.

You may wish to purchase the ‘Tree Spirit Oracle Cards’ that can be used with the layouts in this book.
See the online shop: http://www.greenmanshop.co.uk/acatalog/New-Book-.html

Online Free Tree Oracle (abridged) available at 'www.treeseer.com' - enjoy!!

Dartmoor Mindscapes

By Peter Knight

NEW!! Dartmoor Mindscapes – Re-Visioning a Sacred Landscape. This groundbreaking full-colour book on Dartmoor covers the author’s research, including profound personal experiences, based on ‘cognitive archaeology’. He uncovers the intricate relationships between tor outcrops and other natural features, with stone circles, stone rows, cairns and megaliths. This book insightfully proposes how our prehistoric ancestors interacted with notable outcrops, simulacra, rock basins and propped stones; the author gets inside the minds of prehistoric people and their shamans, to walk their Dreamtime. We are invited to perceive landscapes as interfaces, saturated with cultural and mythic memory.

A new edition of the Tree Spirit Oracle.

Based on the Tree Spirit Keys, this system uses 75 trees to create an original divination and healing method. Each is presented with its visual tree spirit key; keywords; descriptions of situations; guidance; positive and negative meanings; healing characteristics. An excellent way to become familiar with tree energies. The book comes with 2 dice to create the Oracle process.
Peter suggests ways to walk and interact with the landscape in a more meaningful and mindful way today.

Peter Knight

websites: www.stoneseeker.net and www.facebook.com/stoneseeker

Stillness on Shaking Ground

A Woman's Himalayan Journey Through Love, Loss, and Letting Go

A woman's high-adventure Himalayan journey through love, loss, and letting go.

Paperback £14.99 || $22.95


To be Published Mar 31, 2017 obooks.com

Determined to hang prayer flags at Mt. Everest Base Camp, Olivia trekked through Tibet while under the scrutiny of Communist China. She survived earthquakes, landslides, and a middle-of-the-night hijacking while on route to a remote village in Nepal. Confronted with her own sense of meaning, she went toe-to-toe with the suffering, challenges, and decisions that all beings face, which included the capacity to love and let go.

REVIEWS & ENDORSEMENTS

A riveting adventure during perilous times that takes you deep into the human heart and Himalayan culture. A must-read. ~ Romio Shrestha, bestselling author and artist, Celestial Gallery

Stunning... Tibet, Nepal, and the majestic Himalayas speak to us through Stillness on Shaking Ground: A Woman’s Himalayan Journey Through Love, Loss, and Letting Go, directing us to our own unlimited power to endure, heal, and grow. ~ Billie Woods & Deborah Schmidt, Suite Journey (Tibet, Land of My Tears)

Creative Corner

Vivienne Shanley ©
Circles and Touchstone Crowns

By Janet Kersey

Warm against the stone I lay
Close to a secret end of day
All round about the stones stood still
With whom I have been always and ever will
Be infinitely one; we are enclosed
Within ourselves, surely composed,
Safe, empty, poised and full
Ready to leave once more at danger call,
The single quartz sheath shed, and glowed
Softest pink outflowed
Life burst within
I could have kissed that skin
Where I first touched
And sensed so much
Then, slightly shaken deeper from this sight,
I thought I saw it rain, a wispy drizzle slight;
This way and that, slow on the air
And held my tongue up open, instinctive, with the land to share.
My earthy father, ration-led,
Stood firm, and firmly shook his head.
I gazed, into my state, and saw again
The dashing flickers touchstone crowns, faint masquerades of rain,
Moving just perceptively upon the air
Within a gifted sight the resting sun had made aware.
I saw, that I knew, at last, and then
The moment passed,
It is only now, another's vision written anew
Pulls back the veil suddenly and I am re-smitten
Memory no longer askew,
I recall that energy falling from the sky to earth
That time of subtle, strong transition
And my own small inner birth
Those tiny sparks of life-force
Shown to my spirit filled eyes
Cleansing, like the erroneous image,
The day's grime and grumbles from a world reduced to Man-size
The past the day within today
The future the day without
Raindrops falling in the lake of the one being
The cosmic sea
Splashing across eternity in joyous shout.

Sleeping dragon head

Glenn Capers ©

If you are creative, we'd love to display your work here, whether artistic, poetic, photographic, short story etc etc

Contact suzannemthomas48@gmail.com

Postscript

By Suzanne Thomas

The present Fountain International Magazine website has now been updated. New features include being user friendly with iphones etc. Also you can leave comments on the website. So if you would like to comment, share information, have any questions etc, etc now's the time.

http://www.fountaininternationalmagazine.com

Since the last Magazine, I have been knuckling down to another project that has been on my mind for some time. The idea is now in reality, but there is still a “lot of work to do” on it, before it gets released into the world. What am I talking about? The book that Colin Bloy has been badgering me to write, (if you believe in such things), and is still a force to be reckoned with!

Anyway, that aside, what is the book about? Well, it’s certainly not meant to be a textbook. It's title at the moment is, “Who'd have thought it!” and shows the experiences of two people’s spiritual adventures. Starting with something so small and insignificant, as a pair of dowsing rods thrust into Colin Bloy’s unwitting hands by a friend, which lead onto something global.

The book is based on Colin’s early research which lead to Fountain International, up to

E mails to the Editor

I am interested to make contact with former members of the Fountain Group in Cheltenham, in connection with a healing project. Please contact Caroline Sherwood sherwoodcaroline@yahoo.com
today’s date. (Recently when talking to a friend about the book, she was saying that I also need to write a book on Colin’s researches into healing. So yes I do realise there is more to come, but you have you start somewhere!)

My aim is that the book will be published in a normal way, and also as an e book. Probably the e book will be first, and my present hope would be for Fountain International’s birthday 29th September.

suzannemthomas48@gmail.com

**Here’s your Invitation from Fountain International Magazine**

If you would like to send in your own thoughts, experiences, images or comments.  
suzannemthomas48@gmail.com

My aim is to build a healthy spiritual network, with no boundaries, there is no need to feel alone, no matter where you are physically in the world, all are free to share, if you wish.

I am truly grateful to all who promote the Fountain International Magazine and or Newsletter.

**Be a part of this spiritual project. Don’t leave me hanging.**

**Finally**

You need to remember that yours is not a small voice in the wilderness. You are not a minor player in a great game. You count for something. You make a difference. You matter. If you speak you will be heard. If you act, you will bring forth a positive and significant response. Your boldest brightest vision is not some empty fantasy, it is a variable map to an attainable future. Have faith in this, and in yourself.

Dare to start