FOUNTAIN INTERNATIONAL MAGAZINE

September 2016: In this Issue:

LOVE THE WORLD AS YOURSELF

David Zenon Starlyte

Bless the Water by Nathascha Heijen

The Geomantic History of Gaia by Alanna Moore
Editorial September 2016

This issue sees the 5th Birthday of the Fountain International Magazine.

The website for the Magazine was twice born. My website builder warned me that it might be days before the website would go live on the web after submission, but “higher management” had other ideas, and it went live within minutes. It did have a bit of a splutter and died, to be reborn again within minutes. So I like to think that Magazine was either needed or wanted in the world.

It is a pleasure to edit and produce the Magazine, but without the submissions, and kindly asked for articles etc, from many wonderful people, it would have been impossible. Thank You.

Don’t leave it to other people, or wait to be asked. I know that there is a lot of knowledgeable and talented people out there, join in the fun.

This is a watershed moment for the Magazine. By the time that you read this magazine I will have taken early retirement from my “normal job”.

Yes, I do intend to relax more, but also I am looking forward to doing more of the things that I enjoy. Like taking a look at the website, participating more on our Facebook page, writing a book, keeping up with the Magazine and Newsletter.

As I have more time and energy, changes will be coming in content, which I feel quite excited about. In fact I started a little early, to include in Pierre’s Dreamspot, the opportunity, if you are unable to decipher a spiritual experience to get in touch, for Pierre’s reply. This is a free service. Also the Bless the Water article, I would be interested to hear more reports of people’s spiritual activities and findings.

Become active in this spiritual project, all submissions welcome for consideration whether it be an article, poem, picture, drawing etc, etc. Let’s grow and share together.

Send to
suzanne@eaglebear.fsworld.co.uk

Due to the change in my financial circumstances, the Magazine and website will have to pay for itself from now on. I have bank rolled the website and Magazine for most of its’ existence, (although many thanks to the few that have donated financially towards the Magazine and website, and also the kind inheritance from Fountain International.)

My intention is still to keep the Magazine free and available to all, but will start to look into advertising, to pay for the running costs. Donations will still be very welcome.

So exciting times ahead!
It’s time to be brave, and walk out into the unknown.

To do anything new brings it’s own adrenaline rush. We always remember our first time with anything. Perhaps, because we have a strong focus on what we are doing, and certainly we are in that moment.

Doing something new in your life on a frequent basis keeps you active and firing on all cylinders.

So as it’s turns to Autumn/Winter in the Northern Hemisphere, and Spring/Summer in the Southern Hemisphere. Take up the challenge, and what are you going to do that is new? Take stock of yourself. Don’t let time pass unhindered. Get up out off that couch, and show the world that you are made of sterner stuff, wake up and enjoy your life. If not now, when.

Perhaps in the Northern hemisphere at this time of year, you could decide to do some inner work, in preparation of a new goal, for example study, meditation, doing something of a creative etc etc, or in the Southern, where spring is calling, perhaps something more external and energetic and putting a plan into action.

Have your own watershed moment. There is no better time than now. Just think, what you would like to do or achieve, which has been left undone. (Not forgetting to enjoy yourself, whilst you are doing it.) Perhaps drop me a line about your new project and activity. suzanne@eaglebear.fsworld.co.uk

It’s always good to hear from readers and potential submitters, and I will now be able to give it my fuller attention. I have always found it of value to spark of ideas and information with a like-minded person, as it has a kind of spiral upwards effect. There is no limit on where this type of interaction will go. Try it.

Autumn and Spring are both magical times of year for me, as they are the changers. Work in harmony, with the seasons, and the environment surrounding you.

In this autumn issue water seems to have infiltrated the Magazine, as well as the trees. So relax, and take time to enjoy the bubbling up, and the wind through the leaves.

Happy Reading

(Finally I would like to thank all who promote the Fountain International Concept and the Magazine. Many thanks.)

Suzanne Thomas

Go boldly forward to where you have not been before.
Deadline for the next issue

1st December 2016

Next Issue Out 21st December 2016

All original submissions of the submitter welcome, within the general remit of the magazine. If in doubt ask the Editor.

suzanne@eaglebear.fsworld.co.uk

With regard to articles, we are looking for 1,500 words max, with illustrations or photo’s.

Be a part of this special magazine, don’t hide your light. There is no better time than NOW!

Writing articles, not your thing? As you can tell by past magazines, we are happy to receive input from those of you of a more artistic, creative nature, ie poems, inspired writing, short stories, artwork, photographs, etc. The sky’s the limit.

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with appropriate and specific direction to the original content.

The views given in the magazine are not necessarily those of Fountain International or Fountain International Magazine.

Donations are very welcome, through the website, to enable the running costs of the website and magazine, and the promotion of the “Fountain Concept.”

www.fountainternationalmagazine.com

Thank you

Check out our Facebook Page.

Like us.

The gaps may be long between issues of the magazine, but here’s an opportunity to interact with those of a similar interest, and build a strong network between peoples and groups.

www.facebook.com/FountainInternational
Glastonbury Tor, UK

Linked Meditation
Become Involved

Join with us for the daily sending out of Pure Love, Light and Balancing energies, at 7am GMT, daily, using the focal point of Glastonbury Tor, UK, to encompass the World and all within it.

This is a free activity that any human being can do, in aid of the world that we live in. All can participate and help, there are no barriers.

Not able to make the sending out time of the energies at 7am!

You can still join in and be of great value, by sending Pure Love energy to the Tor, putting on the intention that it is stored there until 7am the next day, when it will be sent out with the rest of the Pure Love energy into the world and to encompass all.

Everyone can make a difference, don’t let anyone else including yourself, tell you different.

A thought is all it takes.

Tongo, an off shoot of Fountain International, also sends out energies once a month on the 27th of each month at 7pm. For more information about Tongo go to their website.

www.tongo.org.uk

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Beware intermittent Transatlantic spellings, depending on which side of the Atlantic that you are on.
The Magic of Rain Dances

By Jill Mattson

All over the globe for thousands of years, ancient people performed rain dances. With no successes this practice would die out. Apparently it worked. I was curious - what is it about the rain dance, the singing and dancing that helps it to rain? Music was a tool that was used in ancient times for many practical purposes, such as making rain for drinking and crops. We have long forgotten the practical value of sound and music.

With my detective coat on and magnifying glasses in hand I went on a venture to discover how does a rain dance work?

Can we affect weather today? Traffic and industrial exhaust decreases on weekends, resulting in an increase of rain by 20% on weekends. Poor weather conditions have been blamed on the High Frequency Active Auroral Research Program (HAARP). We definitely have the technology to understand how to make it rain. So this goal is obtainable!

What do we know about the basics of rain? All air contains water, but near the ground it is usually an invisible gas called water vapor. When warm air rises, it expands and cools. Cool air can’t hold as much water vapor as warm air, so some of the vapor condenses onto tiny pieces of dust in the air and forms droplets around dust particles. When billions of these droplets accumulate they become a visible cloud. Hmmm, if one is fishing for rain, a cloud is like a fish in the ocean of the sky.

As clouds and their water droplets accumulate, the droplets bind together and form even bigger drops. When the drops get too heavy, they fall because of gravity. Bigger and denser clouds allow the shaman to wring the precious water droplets out of the cloud.

How did ancient shamans squeeze water droplets out of the cloud? One helpful thing would be to make the air rise. A fire in the middle of the rain dance might be instrumental – making hot air rise. Long ceremonies of dance and song would also create heat.

The water droplet is sticking to a dust particle until it gets too heavy or it is shaken and falls free. Ancient people knew sound waves blended with all physical things – including their environment. Water droplets were vibrated with singing, drumming and dancing. This helped the water droplet overcome cohesion and release from the cloud.

Ancient stories suggest that there were better times for rain dances. They noticed how at different times it felt different. It feels different at dawn than at noon. It feels different in July than it does on a snowy Christmas morning. Ancient people noticed what it felt like right before it rained. They matched this feeling to create good conditions for rain. Ancient people noticed that it felt more like it might rain prior to a full moon when “watery” forces are
strongest. This would be an excellent time for a rain dance.

Different groups experimented with types of dances, rhythms, pitches and vowels sounds that were the most effective in creating rain the fastest. Which musical vibration shook the water droplets the most? Even the color of what they wore as clothes or on their faces would subtly add to the vibrational stew. Rain dances were certainly not a superstition activity of primitive people. Rain dancing was a practical art that was perfected over of thousands of years by people who observed nature and used the energy of music to enhance their lives!

Jill Mattson is a prolific Artist, Musician and Author. Jill is a four - time author and widely recognized expert and composer in the field of Sound Healing! She has written four books and produced six CD’s that combine intricate Sound Healing techniques with her original Award winning musical compositions (People’s Choice – Best CD of 2015 – Angels & Masters) Deep Wave Beauty CD – Best New Age CD of 2012 – Silver Award). The CD’s consist of intriguing, magical tracks using ancient & modern techniques - with sound energy & special healing frequencies to achieve profound benefits. Also available on the sites are additional free mp3’s of her Sound Healing compositions, including Solfeggio Tones, Star Energy, Flower Frequencies, Fibonacci and nature tones. Gallery and music at www.jillswingsoflight.com, www.Ancient-Music.com www.musicforbeauty.com, jillimattson@yahoo.com.

Bless the Water

Nathascha Heijen

(Shared from the Parallel Community)

It was going to be an exciting afternoon. Inspired by a vivid dream, I prepared for it joyfully; it was to combine the power of focused group intent, inspired ceremony and drumming, and shamanic dowsing; a joint effort in co-operation with the Consciousness of Pure Water, Archangel Michael and the Guardian Spirit of the node point on St Michael’s Mount. The intention was to create a powerful water blessing.
From this node point, the currents of the earth’s energy lines would carry our blessings throughout Gaia’s grid. Our blessing would join in with the many water blessings that would be performed across the globe on March 19th 2016, (Bless the Water Day.)

Because we were not physically on the Mount, I had come up with several before and after dowsing experiments to enable us to see the effect of using our combined minds with intention and focus. We know the theoretical concepts of healing, meditation, shamanic work, positive thinking, mind over matter, prayer and visualisation etc, but we seldom “see” the change that happens on an energetic level. This is where shamanic dowsing comes in. (And I love it!) It gives us a tool to register what has changed on an energetic level, and thus begin to see just how much actually is possible when you work with the power of the mind. It can also reveal the effects of cooperation with the benevolent energies of the invisible realms.

And so the day began. Twenty three of us sat in a peaceful circle, facing a simple altar table dressed with elemental representations and a vase of delicate spring flowers in the centre. It was a mixed group of people; some had been present when we worked with Water Consciousness before, and there were a couple of new faces. I didn’t know their background, and so I asked for inner guidance about which storyline to take, and Spirit immediately replied with a story.

“Imagine one cell within your little finger. It has cell consciousness and is aware of itself. Yet it is also part of the consciousness of the little finger to which it belongs.

The little finger with its little finger awareness, is also part of the consciousness of the hand to which it belongs.

The hand has hand awareness, yet is also part of arm consciousness to which it belongs.

The arm has arm awareness, yet is also part of the body consciousness.

The body has body awareness, yet is also part of nature consciousness.

Nature has nature consciousness, yet it is also part of the earth consciousness.

The earth has earth awareness, yet it is also part of the consciousness of the universe.

The universe has universal awareness, yet is also part of the Source whence it came.

The Source is aware and present in all existence.

There are no boundaries, everything is connected to everything else and it is only the way we use our mind and imagination which determines what we think is possible. Entertaining the thought that one single cell in our little finger has access to Source and thus to everything else in existence, we can begin to understand the power of interconnectedness.
Giving things a name, or label, makes it easier for us to make a mental connection to things that would otherwise be difficult (and too diffuse) to address. So let’s say that “Source” is a label for ALL existence and that all existence consists of two parts, seen from our perspective: all that which we can see with our physical eyes, and all that which is beyond the visual spectrum of our physical eyes. The fact that we don’t see something, does not mean that it does not exist. We shall work with this bit of today. We shall build a bridge between our minds and combine forces with the unseen beings labelled as “Pure Water Consciousness,” “Archangel Michael” and the “Guardian Spirit of the Node Point on St Michael’s Mount.” We shall invite them to team up with us and enhance the blessing that we are about to create.”

After the introduction I started by measuring the energy field emanating from a bottle of freshly collected sea water from Mount’s Bay. The glass bottle was wrapped in a white cloth I infused with the intention of “shield” the water off all other energies in the room. From the brilliant research of Masuro Emoto, we know that water has memory and responds to thoughts of love or hate. It even influences the physical manifestation of water molecules. So for this dowsing experiment, I did not want the water to absorb any previously invoked energies in the room, nor of the energy fields or thoughts of those present.

When dowsing the energy field of anything, every dowser will have their favourite modus operandi. What works best for me is to start from the object and walk outwards until the dowsing rods indicates where the influence of its energy field ends, and then follow the rod all the way round until I’m back at the point where the field’s end was first picked up. The most important part for the dowser is to have a very focused intent and an otherwise silent mind (to prevent the dowsing results from being influenced by the dowser’s thoughts.) Also I make mental contact with the object and ask what exactly it is that the dowsing rod should “find”. When the aura is so big that my face hits the brick wall of the room (or when outside, thorns and stuff), then I go back to the object and, as taught by Hamish Miller, ask to find one third (or relevant ratio) of the energy field. As I walk outwards from the bottle of Mount’s Bay water the dowsing rod indicated a round energy field of about 3 metres in diameter: the energy field of the water before we started the ceremony. I explained that it was a symbolical representation of the water in Mount’s Bay, and thus connected to all the water of the earth, and that we would dowsing the energy field of the bottle again at the end of the ceremony, to see if the water in this bottle was affected by the blessing.

I poured some water from the bottle into a glass bowl on the altar, and put the rest on the floor in front of the altar, still shielded off by its white cloth. (I’m being this specific with the
story because something unexpected happened.)

Firstly, the water in the bowl was dowsed, as we wanted to compare the energy field of this water before and after its infusion with Pure Water Consciousness. The dowsing rod indicated that the energy field beforehand was 3 to 6 metres in diameter, due to its oblong shape. It was pointed out that the water in the bowl may still have a energetic connection to the water in the bottle, and since the bowl and the bottle stood in one line in a short distance from each other, this could indeed explain why the energy field appeared oblong. Interesting. With a hand gesture I enforced a cut-off of the energetic connection between the water in the bottle and that in the bowl. The hand gesture was just a manifestation of the intention of setting a metaphysical barrier. Then I dowsed the bowl again; and now the energy was no longer oblong but round. That improvisation made clear that the water connection could be influenced to behave differently by nothing but pure intention (cutting it off). It suggest either that the “world is what we think that it is” and responds to our intent (there is no doubt in my mind that the barrier would work); or that the “Spirit of Water” who was aware of the intent and who has power over water’s behaviour, understood what I intended and it worked with me. Or something else entirely.

We then focused on the bowl with water during a guided visualisation, inviting the Consciousness of Pure Water, and accompanying the invitation with a drum beat honouring the essence of water. The vibrational essence of Pure Water Consciousness filled us and we imagined sending a flow outwards through our hearts with the intention of infusing the water in the glass bowl with this Consciousness of Pure Water. The dowsing result afterwards showed the energy field had expanded from 3 metres to around 28 metres in diameter! This is consistent with the dowsing results of the session we had in February, when the energy fields of the volunteers before and after “downloading” the Consciousness of Pure Water into their body, had also expanded 6 to 7 times its former size. The changed size of the energy field brought home that what we did as a group today, had an impact on the physical plane.

The next step of the ceremony was to imbue a pointed clear quartz crystal with the Guardian Spirit of the Node point on St Michael’s Mount and Archangel Michael, and ask them to make this crystal into a representation of the Mount with its node point.

Before we did this, we had to temporarily “clear” the crystal’s memory banks to be able to dowse its neutral energy field, because it still held energetic data of sacred places I had taken it to, and of healing ceremonies directed with it. It is a widely accepted thought that stones and crystals can be classified as “living beings”; even though we don’t see them grow because their growth cycle takes much longer
than that of a flower or a tree, they do change and grow. Secondly (and this is what had come to me in that inspired dream) I had to take an inanimate object and ask the Guardian Spirit of the node point and the Archangel Michael to imbue that object with their energy field too, in the same way as they imbued the crystal. The inanimate object I chose was a coffee mug; there were lots of those around! Could it be done? If so, it would have lots of implications, and I was very eager to find out.

Taking the crystal between my hands, I asked the crystal to upload all its memory banks to a universal “cloud” until further notice. In silence I waited until I felt that familiar subtle shift happen; the dowsing rod confirmed that the data had been emptied. I went on to dowse the energy field of the crystal. Before the emptying of energetic data, the crystal had had a round field of about 42 metres in diameter; after clearing it was reduced to around one and a half metres!

Now the crystal was “empty”, we were ready to proceed with step 2 of this ceremony: contacting the Guardian Spirit of the node point of St Michael’s Mount and the Archangel Michael, and inviting them to enliven the crystal (and the coffee mug) with the vibration of their energy. This was again facilitated by an inspired guided visualisation and a drum beat honouring the fiery energy of Michael. While drumming and speaking from the heart, inviting the energies into our hearts and outwards into the crystal and the mug. I felt incredibly hot; an energy engulfed me and became so fiery that it felt like being in an overheated sauna! There was a huge difference between the feel of the energy during the earlier invocation of the Consciousness of Water (flowing, soft, light, delicate) and that of Michael (fiery, inspirational, arousing, action driven).

To refresh your memory, the crystal’s energy field was 1.50 metres in circumference and the mug, I forgot to mention above, was even less, around 60 cm. This was before the group invited the energies to imbue the crystal and the mug. Now was the time to see the

Energetic effects of what we had done. And we found that the crystal’s energy field had increased from 1.50 metres to 72 metres in diameter! We thought that was amazing. But what happened next was even more mind blowing.

The coffee mug’s energy field turned out to be much, much, larger than that. It turned out to have become 1.8 kilometres in diameter. This extraordinary and totally unexpected result was a clear indication that all inanimate objects can be “energised”. Or “blessed”, if you fancy that term better. This result lead us to inspiring new thoughts. We knew about car batteries that will restart after getting a dose of Reiki. But there’s much more we could do! How about; blessing the massage table, blessing the glass from which you drink, bless your bed and many other exciting ideas. Just by being a facilitator of intentional thought and focus, we all can change the beneficial effect of any inanimate or animate object! Isn’t that a hugely inspiring and exciting thought? This dowsing experiment showed that what we “think/intent/focus on/invite to work with us” really does bring about change. So bless stuff, bless everything, make the world a better place by using your loving intent. You are incredibly powerful. Far more than you now believe.

Step 3 of the ceremony was to bring the bowl with water infused with the Pure Water Consciousness and the crystal infused with the Spirit of St Michael’s Mount together. By placing the crystal in the bowl, we had a
symbolic representation of St Michael’s Mount with its node point and waters surrounding it.

The next guided visualisation and drum honouring was intended to draw down into our hearts the Seed of the Most Peaceful Future on Earth and seed this into the node point, together with a Water Blessing for all the waters of the world. But we had to dowse the energy field of the water bowl with the crystal in it, to give us the current energy field emanating from St Michael’s Mount. And again the result blew our minds: an incredible 4.4km – 8.8km energy field, before our visualisation. We let that information sink in for a while before we settled down to the last part of the ceremony. With a gentle drum beat honouring Gaia, the visualisation that came through was that of a myriad of threads leading into the future, each a possibility resulting in a specific future. As we were searching for the thread that would lead to the most peaceful future on earth, One where all living beings would live in harmony and cooperation, we asked Source to show us that thread by lighting it up with a golden glow. Now everyone could follow the thread, arriving at the doorway that offered us a view of that peaceful future. We noticed how this world felt, what is sounded like, the colours etc. until we could sense the essence or blueprint of this future in our hearts. The blueprint then grew into a seed nestling in our hearts. We took time to integrate all aspects of that peaceful future into the seed. Once the seed was ready, using our imagination we gifted it into the Node Point of the symbolic St Michael’s Mount (the bowl with crystal) accompanied by the blessing and co-operation of the node’s guardian spirit. Then we rekindled the feeling of the presence of Pure Water Consciousness in our cells and hearts, and with its cooperation, we sent a Water Blessing into the node point and along Gaia’s meridians to carry the blessing and the Peace Seed to every place on earth. This sacred intent was enhanced by the final drum blessing honouring Source and Earth and asking them to make our blessing manifest. After the last drum beats had dissolved into deep silence, a deep feeling of love lingered in the room. We integrated this beautiful energy in silence. Then the energy field of St Michael’s Mount was dowsed again, and showed 22.4 kilometres in diameter! Someone asked how long this incredible effect would last; the dowsed answer was 10 days.

The last dowsing experiment was to measure the energy field of that initial bottle of water again: the bottle of water that had been shielded off from all the experiments, the symbolic representation of water in the world. The result was heart-warming: it went from the formerly dowsed 3 metres diameter to…. 15 kilometres. Remember, this is a spherical energy emanation. Seen from space, it may have shown as a glowing field of Pure Water Consciousness extending 7.5 km into the atmosphere. Commercial jets fly at this altitude! But it also extends 7.5km into the inner earth. Basically, all waters present in, on and above the earth were beneficially influenced by the water blessing. For 10 days in a row. And every living organism on this planet, would have been affected by the blessing. Know that your thoughts are not “just” thoughts. Your thoughts, your intention, your love has unparalleled power. YOU are a blessing to this world. Know it. Feel the truth of it. Use it to make the world a better place. We are the 99% that can change everything.

“Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it’s the only thing that ever has.” Margaret Mead.

(With Grateful Thanks to the Parallel Community Newsletter)

www.parallelcommunity.com

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**Glastonbury Tor, UK**

**Become Involved**

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**A thought is all it takes**

Love the World as Yourself

**David Zenon Starlyte**

The mind is a filter of consciousness, allowing us access to our soul knowledge and higher knowledge of the realms beyond. The sequencing mechanism is the brain and central nervous system. The brain is a physical component of the body whereas the mind has no exact physical location. The mind encompasses far more, the mental aspect that includes the body, self-awareness and subjectivity. When physical stimuli enter the body, they are converted into electrical or chemical signals and sent to the brain, where neurons in turn release signals which may produce mental signals like thoughts or perceptions. Essentially a physical component is converted into a mental signal that creates a subjective response, thought or feeling.

The wisdom and feeling centre is the heart. The gut is the physical and primal gateway into life (our physical life-source from foetus to birth via the umbilical cord - into infancy and beyond).

Our breathing is part of our mind consciousness. The breath is our constant exchange with our immediate environment, the atmosphere around us. Most people make an average of 750 million breaths in a lifetime. Each time is an opportunity for effortless relaxation, for awareness of life’s constant ebb and flow, ongoing changing nature. Impermanence is the signature of the breath. A breath is the gateway into all wisdom.

The mind has a vision and ability to bring to life that which one is as a creative consciousness. The mind will not always support people to envision and manifest what it is they want. It has the mission to reflect and mirror the creation of what is.

There is no co-incidence in reading (or writing) these words. No-thing is accidental or beyond the infinite mind. Knowing the Creator is also knowing the self. The self is not separate from the Higher self or soul being. The body is a vessel for our spiritual essence, and always we are an alchemy at work of mind, body and soul. Once conscious of this, already we are expanded. Through knowledge comes expanded understanding of our innate make-up, abilities and potentiality.

Our soul is not from the body, the body is merely a temporary vessel for the soul. Do we respect this vessel, guide it, treat it with love, honour and respect? For some, they wonder ‘what am I supposed to be doing?’ The answer is in our name, ’human beings.’ We are not human doings. Our soul is already whole and complete, enough as it is. We will not carry our bodies with us into the beyond, it is only the
The question of 'purpose' is a good one. Innately we are of purpose, of value, integrity and worth just by our “being” - our very nature is part of the Divine and sacred essence. When we seek this purpose outside of our soul’s plan for us, it can lead to feelings of disconnection, confusion and loss. Really our soul is right there, with us all the time. There is nothing to seek – it is all with us already. We are love and we are never separated from God.

Such insight means we can relax, breathe, take it easy. It means the burden vanishes, disappears and we no longer need to carry it with us or revisit it ever again. We are all learning to soften our labels and judgements and expand the love vibration. All human beings currently incarnated have strong lessons of judgement to work out, as we expand our consciousness. When we realise that we are all unique expressions of the Divine blueprint, and no two beings are created the same, it unlocks an important understanding of expansiveness and a vast multifarious natural world.

The feeling of separation and lack is common to people, and leads them on a search. This feeling is an illusion. All feelings are valid, as all illusions are valid too. We do not need to seek to suppress feelings or illusions - just choose different experiences and expressions for ourselves. There are many different levels of soul knowledge. We are able to access this knowledge through our crown chakra if we allow for an opening for this to come through. We are the ones that develop this channel so the wisdom from the infinite realm can penetrate. It is much like a stream that is there just waiting to be tapped into.

We are also all linked to the collective mind or what Jung called, the ‘collective unconscious.’ I’ve seen this described too as the ‘collective consciousness’ of humanity. In our ascension to higher levels of awareness, also known as humanity’s awakening, we are starting to consciously evolve and be aware of all the darkness that has held us hostage for so long – the pitfalls of ego consciousness – selfishness, fear, alienation, separation, greed, control, lust, abuse of power and an endless desire for material possessions.

For too long the original loving blueprint has decayed and the powers of selfishness have over-run the planet. A person always has the opportunity and invitation to move beyond this plague of materialism and enter into a pure state of awareness where the authentic soul essence is revealed.

Many of us currently incarnated have been very busy liberating and clearing our karma from previous lifetimes. The law of karma is in essence a spiritual law of consequence, that says that everything you do to others will be done to you. Every event that occurs will create a response directly relative to its cause. It may take some time to experience the results from our previous actions.

“Who you are” is reflected in what you have brought forth into fulfilment as a being of light.

In each person, there is God consciousness, which is love. This love unites us all. God is pure love, and purity is without doubt. The prism of density with which we understand the world is encumbered by the Earth dimension. This places a limitation on our ability to connect to God, yet it does not make it impossible.

We are not separate from each other, nor is the world completely illusory. God is revealed within the illusion, as well as being part of the illusion. Once we make the leap into feeling, we can feel that we all are alike, we all are from one Source, we are all part of God. There is a corollary to this insight – that God created us as we created God. The universe is also within. In Mahanirvana tantra, there is a saying - “In truth, everybody is the universe.”
This connection to eternity holds great potential and potent possibility. Imagine if the universe thought it was impotent, weak or small? Imagine if the universe thought it didn’t have total power and complete autonomy.

We are divine beings with the power to change all, always love the self and always love the world. The world is how we project it to be, so please love each projection as it appears in the mind.

David Zenon Starlyte

Secrets of Sonic Levitation

By Jill Mattson

Ancient manuscript describe sound levitating heavy, perhaps aiding in the building of huge pyramids and monuments. Ancient texts, all over the globe, describe sound as an effective method to move and alter dense physical matter.

According to ancient wisdom, the power of sound increased with large numbers of participants singing or playing musical instruments. Each individual accessed energy that originated from the heavens. Two singers together created more energy than each singing separately, as if their combined voices increased energy logarithmically. Heavenly energy from large choirs constantly sang to make a country potent, almost invincible.

Author Bruce Cathie described an eye witness account of many Tibetan monks moving huge boulders with their voices and musical instruments. The exact location of the singers and musicians was crucial for the “anti-gravity sonic effects” to work (1). Various ancient writing describe directional sounds as a source of mechanical power, as if sound was squirted out of a water pistol: aim was important(2).

A German article, by Swedish engineer Olaf Alexanderson (3) described sonic levitation: ‘We know from the priests of the far east that they were able to lift heavy boulders up high mountains with the help of groups of various sounds... the knowledge of the various vibrations in the audio range demonstrates to a scientist of physics that a vibrating and condensed sound field can nullify the power of gravitation.”

Observations (4) only 20 years ago in Tibet from a civil engineer, Henry Kjelson, reported that a Swedish doctor, Dr Jarl, made a journey to Tibet in 1939 to visit a high Lama. This lama let him observe sonic levitation of huge rocks up a cliff of about 250 meters.

The task was accomplished by mapping out exactly where singers and musicians stood. They angled their sound to go underneath a huge rock and up it went. Details are given in Bruce Cathie’s free book, Acoustic Levitation of Stones. (5)

In another example, Edward Leedskalnin, a man with humble financial resources and a fourth grade education, built a monument to his lost love who canceled their wedding one day before the ceremony. In this area of Homestead Florida the coral can be up to 4,000 feet thick. Leedskalnin cut and moved huge blocks of coral himself with only hand tools, yet each section weighed more than 58 tons.(6) Leedskalnin left the castle as proof that he could move large stones without equipment.

Leedskalnin claimed he knew how the Egyptians built their pyramids. He built Coral Castle by reportedly “singing” to large stones to lift them. Leedskalnin placed his hands over a stone to be levitated. He sung a scale until his hands felt a response from the stone. (Each
The wonders of sound... we have not scratched the surface of what this energy source can do – if properly harnessed. The future science of sound and vibrational energy will “rock” our world!

1 Cathie Bruce, Acoustic Levitation of Stones: Monastery Construction, Tibetan Style. See Appendix 3
2 Theosophists, Brown Neate, D Leslie, Seth,Tom
3 Implosion No 13.
4 Lost Techniques by Henry Kjelson
5 http://www.bibliotecapleyades.net/ciencia_antigravityworldgrid08.htm
6 www.coralcastle.com

Details of Jill Mattson’s biography can be found with her first article in the Magazine.

The topic of “Enchantment” is the subject of this article and I like to begin my articles by providing the online free dictionary definition, which is:

Enchantment
1. the act of enchanting or state of being enchanted
2. great charm or fascination

The message the Angels channeled to me about “Enchantment” is:

“We can Become Enchanted with the Spiritual Principle of “Enlightenment” by Allowing Our Spirit to Realize its Highest Pinnacle of Enchantment with the Belief that “To Be an Expression of Love” is Our Sole Purpose for Walking Our Spiritual Path, so Our Soul Can Reflect its Enchanting Inner Light to Guide Us Safely Through Our Enchanted Spiritual Forest and Others can be Drawn to Our Spiritual Light”

When I was a young girl up until the age of 10 or so, I believed in the idea that an enchanting, magical place existed somewhere in this universe that allowed me to go to in my “day dreams”. Through various difficult and challenging situations in my childhood, the idea that this “Enchanted Forest” existed dissipated, as my physical reality did not correlate with my imagination to be able to wander off to these enchanting interludes. My
Mom tried to commit suicide 5 times during my ages of 10-15 and during the last attempt she was taken to a mental hospital where she received the help she needed and was finally diagnosed properly. She went on to graduate high school in her 40’s and crossed the stage at her graduation ceremonies with her son, my brother, who was graduating the same year. I had my first emotional breakdown when I was 13 and remember running out into the school track and field area lying under a bush, sobbing and begging God to please let me die. At 15, I had my second emotional breakdown and went hysterical on my Mom after school one day while watching a toothpaste commercial. She phoned the doctor and I was put to bed and told to rest. I don’t remember if anything else was done but I do know that these were two major emotional traumtic breakdowns I went through due to the emotional toll I was under. I was a teenager in emotional trouble as I felt I was the reason my Mom didn’t want to live, yet I did not know what I had done to cause this or how I could fix it. This was a heavy emotional burden for me to bear. I attended our Baptist church and taught Sunday School all my teen years until I graduated at the age of 17 and left home. I was the only one in my family who went to church during this time, although as a baby, until my early youth, we all attended church as a family.

During the age of 5 until present day, I have always had a very close relationship with God/Spirit and knew about and believed in the power of prayer. I did experience some relief when I said my prayers and prayed regularly so this was definitely the beginning of My Walk Through My “Spiritual” Enchanted Forest. I had been the main cook for my family of 6 from age 10 and had household chores to do every weekend as long as I can remember, which I did get a monthly allowance for in my later teen years but not the early years. I had no childhood to speak of, as I had to become very responsible for the “mothering” role to my three siblings in my family during this time. My parents fought all the time and there was very little “free time” for me to escape to My Enchanted “Spiritual” Forest. Consequently, I made a conscious decision never to fight or argue in my relationships, so carried this decision through to present day. I have only raised my voice 3 times in my life. There is no right or wrong in this decision, it is just what happened along my path.

I started My Walk Through My “Spiritual” Enchanted Forest, which became my refuge during my later 20’s when my marriage dissolved and I was divorced at age 32. I had been in this relationship for 12 years, from age 20, and got married at age 28. I left the marriage 2 months before the 4th anniversary date. This had been a relationship involving an active alcoholic who was 25 years older than me, who drank from morning until evening when he was at home and when he was at work, he would drink at lunch and then stop at the pub or bar on the way home almost every evening and drink until he passed out, but if he did not stop along his route home, he drank the whole night at home until he passed out. I had no self-esteem, self-worth or self-love, no purpose in life, direction, or family support (as none of my siblings, mother or father lived near me). What I did have was my faith and trust in God and the reason I stayed so long in this 12 year relationship was because I truly thought that if I “Unconditionally Loved” my husband so much by accepting him with all his character defects, (as I was supposed to be the more spiritually evolved person and a devout Christian, and would knowingly have died for this man), was that “HE WOULD CHANGE”, find help and stop drinking. This did not happen until I left him and then he proceeded on his own path to recovery, on his enchanting spiritual journey. We were able to meet once after he found sobriety and had remarried and we forgave each other. It was a beautiful
completion and I have never seen or heard about him since.

Along My Walk Through My “Spiritual” Enchanted Forest, I was introduced to Al-Anon, my lifeline to serenity and was actively involved for many years speaking at both Al-Anon and AA meetings. I was introduced to a new thought principled church, Science of Mind and/or Church of Religious Science, took countless numbers of self-help, self-growth, self-awareness courses and attended numerous spiritual and motivational seminars and conferences to keep me on my “Enchanted Path to Enlightenment”. I read hundreds of books and studied to become a minister in this spiritually principled church. I attended classes leading up to ministerial training over a period of about 5 years, loving every minute being enchanted by my spiritual teachings and watching the unfoldment of my spiritual growth. I felt like I was being “reborn”. I attended my 1st year of Practitioner training two times, but I dropped out both times and did not receive my Practitioner’s License. I then decided not to pursue my ministerial training as I was working full-time in the corporate world and had no time or extra money to devote to my extra-curricular studies.

My “Enchantment” with my “Spiritual Lessons” was insurmountable. I cannot begin to emphasize enough how there was NO CAP on my excitement of my “Soul’s Evolution” to reaching its pinnacle of euphoria from the realization and manifestation of my “Spiritual Growth”. This part of my journey on My Walk Through My Spiritual Enchanted Forest lasted until the early 2000’s.

In 2004, I became debilitated for several months with bi-lateral plantar fasciitis, which for those of you who do not know what that is, it is the lining in the feet are inflamed and my inflammation went from the heel to the toes, in several areas, so not in one contained area, and mine was in both feet. I was off work for 4 months and was laid up not being able to walk for many weeks. I would lay on the couch and ask the Angels “What lesson do you want me to learn from this experience?”, “How can I serve you?” and “What message do you want me to bring to others?” I had become very involved with the Angels by having a very intimate relationship with them during this period, after my sister sent me a book by Doreen Virtue entitled “Healing With The Angels”, which I could not put down. I then went on to read many of Doreen Virtue’s books and my relationship today with My Angels is solidified as part of my Spiritual DNA and cannot be challenged. I have been chosen by the Angels and accepted the commitment to be a messenger for them to bring inspiration to those who come across my path and introduce them to the unconditional love the Angels have for us. I was guided over the next 2 years from 2004-2006 by the Angels, who started channeling music and lyrics to me, to have a CD of my 6 songs professionally recorded, which I did do, but did not go public with the CD, only gave away or sold a few to people I knew, but the CDs sat on my closet shelf for years. This was the next leg of my journey on My Walk Through My Spiritual Enchanted Forest to reach “Enchantment” and help my feet to heal.

Continuing on my “Enchanting” Walk Through My “Spiritual” Enchanted Forest, I became disabled with excruciating back pain and was having spinal decompression treatments for 12 weeks from September –November, 2014. I then started an extensive rehab program for 5 months from November 2014 to April 2015. During the September to November 2014 period, I was at the lowest of my lowest EVER period, so in a not very enchanting place in my life. I truly did not want to live anymore and pleaded with the Angels to “Take Me Home if There is Nothing Else You Want Me to Do for You on the Planet”. I wanted to DIE. I again asked them my same three questions I had
asked them in 2004, “What lesson do you want me to learn from this experience?”, “How can I serve you?” and “What message do you want me to bring to others?” I was again guided by the Angels, through my Mom, who is deceased, coming to me on October 29, 2014 at one of my spinal decompression treatments who said very succinctly, “You have to get your music on iTunes, Brenny”. I started this unknown process of digitally marketing music the minute I got home from my appointment.

As of December 2, 2014 my inspirational/spiritual EP entitled “In This Moment” is on Amazon, iTunes and Spotify. In November 2014, the Angels began giving me quotes every day for months and in May 2015, I began the self-publishing process to have these quotes published into a book. As of September 24, 2015, my new book entitled “In This Moment Angel’s Sweet Reflections” has been published and launched to the public and is available through Balboa Press, Amazon and Barnes and Noble.

My Walk Through My “Spiritual” Enchanted Forest has taken many twists and turns, ups and downs, has had smooth and rough patches, and has been a “solo” journey for the past 30 years. I now want to include my spiritual partner, whenever we choose to meet one another in this lifetime, to come and join me on My Walk Through My “Spiritual” Enchanted Forest so, together, we can become “Bright Lights” to help guide others on their Journey of Spiritual Enchantment to Walk Through Their “Spiritual” Enchanted Forest. I do know that for every one of us who has been through some trauma, tragedy, tumultuous turmoil, devastating physical or emotional experience, lost faith entirely in anything spiritual, given up on life in general, felt unsupported, wanted to die, been unable to forgive themselves for unhealthy situations they knew they caused or contributed to, turned down people’s love and caring, but most importantly gave up on loving themselves, like me, who gave up on loving myself, to tell you loud and clear, that the Angels Love us Unconditionally.

I am here as a messenger for the Angels to say that there is Help available from them, at any time, for anything, for anyone – no matter what you have done or not done. ASK the Angels and they WILL help you. I have almost died twice during my lifetime, once in 1994 when I unknowingly overdosed on mixing various kinds of cold medications and actually heard the Angels’ singing, and again by my own knowledge and choice in trying to commit suicide on May 23, 1996 when I was in the pangs of despair from my physical affliction with Fibromyalgia and Chronic Fatigue, and was diagnosed at the age of 42 that I would likely end up in a wheel chair for the rest of my life and which, for me, was not a way of life I wanted to participate in. But, for the Grace of God, Divine Intervention by the Angels and, it not being my time to depart this earth, I am still here today.

It is my desire to bring you hope, encouragement, love and support, knowing ultimately, it is your choice for you to make, how you Walk Through Your “Spiritual” Enchanted Forest. I know for myself, that this is a walk I will continue to make as it is the only path that feels right for me to be on and will, as the Angels state above lead me to “Become Enchanted with the Spiritual Principle of “Enlightenment” by Allowing My Spirit to Realize its Highest Pinnacle of Enchantment with the Belief that “To Be an Expression of Love” is My Sole Purpose for Walking My Spiritual Path so My Soul Can Reflect its Enchanting Inner Light to Guide Others Safely Through Their Enchanted Spiritual Forest and They can be Drawn to My Spiritual Light”.

In “Love” and “Light”

From My Heart to Yours

Angel Blessings Brenda Rachel
In his Gaia hypothesis, Professor James Lovelock has revamped an ancient perception that planet Earth is a living, breathing, conscious entity – like the Greek Mother Earth Goddess Gaia, in a concept bridging mythos to science. In geomancy, which is a science empirically derived by sensory and extra sensory perception, we gain an even subtler view of Gaia’s mysteries. For geomancy reveals the esoteric interactions of Heaven and Earth, people and place, including the subtle energy pathways between them. The Chinese practitioners of geomancy call it Feng Shui – the art of total harmony, living in the right place at the right time; for aesthetic, peaceful and prosperous wellbeing. How mankind arrived at such a spiritually ecological paradigm can be unravelled from traditions harking back to the dawn of human memory.

In Neolithic times the Earth’s bio-magnetic mantle was 50% stronger than it is now. Revered as Gaia’s subtle breath, this “Earth Spirit” was more easily perceivable than nowadays. The ancients observed the cyclic rhythms of Earth, Sun, Moon and planets, and the fertile, vitalising or malevolent effects these had on life forms. This knowledge was then applied to agriculture, psychology and ritual behaviour. People were not aloof from the natural order of things, as today, but a firm part of the web of interconnection – knowing and merging with the natural powers that be. All today’s science derive from such empirical observations, combined with a lot of intuition!

Our sensitive ancestors felt the ebb and flow tides of Earthly and Cosmic energies which vitalised the landscape, and sensed the presence of devas – denizens of the nature spirit kingdoms which infused their consciousness into it. The Earth Spirit and its geodetic/telluric current came to be personified as the mercurial and sinuous Serpent, Dragon, and Rainbow Snake. Its most potent emanations were found in springs, caves, fissures, tree, rocky outcrops, and mountain tops. These became focal points of human consciousness, the sacred places of deep connection with nature. Here, approached properly with reverence and Ritual, and during the correct astrological conditions, Earth’s emanations could be harnessed for healing, fertility, prophesy and initiation. By ritually inducing resonance with the Earth Spirit, the ensuing altered states of consciousness would facilitate these practices. Gaia, the great Mother of all things, was also the instructress and guide. In some cultures oracle trees were consulted on the highest matters of state.

Nomadic people honoured the Earth Spirit where they found it, following seasonal migrations along the serpent’s paths, and thus maintaining their spiritual obligations along the sacred site network. Tribal peoples still revere their relationship with Mother Earth, despite persecution and pressure. In Australia the indigenous culture was probably the longest unbroken lineage. Ritual ceremony and song lines forge psychic linking patterns for Aboriginal people, who have vast memory banks of intricate detail mythologizing and delineating their territory. They are one with the land, they own each other. They have preserved it virtually intact as the greatest natural heritage the world has ever known.
But in other parts of the world the patriarchal era which swept the western world from some five thousand years ago saw the end of the golden age of sensitivity, and the taming of the Earth Spirit. This heralded the rise of materialism, and the concept of dualism which peaked during the age of Pisces. The yang solar principle was rigidly deemed light, white, alright; the yin Earth principle – dark, passive, and sinister. Legends were rewritten by the conquering patriarchs, so that the gods overwhelmed the goddesses, and religion was directed away from the Earth and up to the heavens.

The original priests, healers, teachers and sibyls were women, who were deemed the more intuitive of the sexes. They played an important role in maintaining the correct relationship with Earth – Geomantic harmony. John Michell, in “City of Revelation,” explained this numerologically – that 1080 is the yin number for the soul of the Earth, (being the polar opposite of the solar number 666,) and it refers to the principle that links the “intuition with underground water and with inspiration received through the medium of the Earth under the influence of the Moon…… And as the waters beneath the Temple nourish the Earth, so the spiritual water of revelation rises within the human spirit.”

With the demise of the Earth Goddess, psychic alienation from the Earth was inevitable. The dragon was too fickle a force for a rapidly growing sedentary society, for agriculture had to be pushed to higher levels of productivity.

Gentle enticement and appeasement of the Earth Spirit was not enough – she had to be kept firmly in control. This was the meaning behind later dragon legends in Europe. St George and St Michael, Christian counterparts of earlier solar hill deities, were called upon to subjugate the mercurial dragon. By spearing their quarry they were able to fix and control its influence.

But the Earth Spirit could not be held down for long, and original pagan practises degenerated when rigidly and sensitively applied. Permanent settlements meant fixing the sites of worship. But he Serpent flowed where and when she pleased. In the new temples, spirit that was once perceivable by all, became the elite domain of a corrupt, politicking priesthood.

The psychic severance from Earth’s wisdom is classically illustrated in the history of the famous Greek oracle centre at Delphi. Initially Gaia’s emanations flowed on just one day of the year, at the Castalian Spring and Sibyl’s Rock, when the resident sibyl-priestesses...
would enter trance states and utter prophetic announcements under the influence of the Earth Spirit. Plutarch, a priest at Delphi in the first century AD wrote that –

“Men are affected by streams of varying potency issuing from the Earth. Some of these drive people crazy, or cause disease or death; the effect of others is good, soothing and beneficial… The sun creates in the Earth the right conditions and the right temperament for it to be able to produce the exhalations that inspire prophesy.”

But then along came Apollo to do battle with Gaia’s servant Python, who was pierced and captured beneath the sacred omphalos stone at the centre of the new Apollonian temple. Delphi became the geomantic centre of the Greek world, for the energies released from the Python’s rotting body were now available on any day of the year.

However by Plutarch’s time the power of the Delphic Oracle was already waning. He had correctly observed, writing in his book “The Decline of the Oracles,” that the Earth currents had changed course, no longer co-inciding with the temple. There was growing consternation in the priesthood who frantically offered blood sacrifices, to no avail.

The tradition of the sacred site has fortunately been maintained in the Old World where new temples have been erected over the old. Plato, in his book “Republic” suggested the colonization strategy of maintain the sacred sites and using them to impose the new order on the people. Christianity re-consecrated the holy hills, wells, caves etc, and thus preserved an amazing network of geomatically engineered alignments of sacred centres, which incorporated a vast body of knowledge, soon to be forgotten about. Outwardly Christianity condemned and rapaciously destroyed the native peasant practices of Earth based religions that it encountered. It’s introduction was vehemently opposed by the pagan peasantry, who fought bravely to save the fabric of their society, (pagan simply means “of the land”). The only way the Church succeeded was through compromise – pagan cultural practises were integrated into it, legends re-written, and pagan festivals celebrating the cycles of life re-consecrated. Valuable knowledge (such as oral traditions which took Druids over 20 years to learn) was lost, and yet many geomantic traditions have survived until this day. Today’s wishing wells were once sacred springs where the Goddess could be appealed to; like the foundation stone ceremonies which also addressed the spirits of place. During the “beating of the bounds”, an annual perambulation around the parish boundaries in England, residents make a pilgrimage to sacred sites, and the mark stones are struck with twigs, energising them to ensure another year of the Earth’s sustained fecundity. Even today the removal of ancient megaliths has been connected with agricultural failure in the English countryside.

Perhaps the era of greatest damage to Gaia and her geomancy began during the 300 year European Inquisition, when the witch hunts systematically sought out and destroyed the keepers of ancient knowledge, and paved the way for capitalism, and its subsequent environmental destruction. One of the techniques of this new capitalist strategy was to raise the number of unpaid workers, to create more farm, factory and war fodder. The witches, wise people, and village healers knew the secrets of contraception and abortion, and had long kept the status quo by giving women the right to choose a manageably sized family. In the witch trials often the sole charge against these people was of having obstetric skills. By making this knowledge inaccessible to ordinary people, (handing it to the medical elite,) the population rose to dangerously high levels – poverty and misery was thus
increased, and this placed enormous pressure on the natural environment. Aggressive imperialistic colonisation policies got into full swing, threatening the geomancy of the New World. By a return to tribal, extended families with a low, if any population growth, the politics of want and neglect, of malcontent and lack of opportunity, could be replaced by peace and satisfaction, of maximised development for all.

Gaia’s geomancy was little known of again until its resurgence with the vision of Alfred Watkins in 1925 upon a Herefordshire hill top, Whereupon the landscape revealed its spider web connections, etheric pathways. During this decade in France, (unknown to Watkins), Xavier Guichard was also plugging into similar geomantic knowledge. Then in the 30’s the fascists in Nazi Germany employed official state geomancers, mixing black magic with ancient geomantic knowledge to convey their propaganda very effectively to the masses. This period put geomancy somewhat into ill repute, and this extended throughout the era of post war materialism. It was not until the “Aquarian generation” in the late sixties, and the scholarly writings of John Michell that we could again begin to enjoy the notions of Earth mystery and harmony. In a most positive development, since 1982, Fountain groups internationally have been putting ancient knowledge into practise, broadcasting healing thoughts to their local geomantic networks for the benefit of the community. In Australian parlance – there was been a renewing of the dreaming of the Earth.

It is warmly reassuring that we are re-visioning this sense of total harmony, that we lost so very long ago. Perhaps it was not lost at all, but like a great slumbering Goddess, it is a part of everyone deep down that merely needs awakening. An awareness that will help to change the mind-set that demands dubious “progress” at the cost of the very Earth beneath us, is a valuable weapon in the battle to save Gaia and us, her children, and our children’s children... For where our thoughts go, our energies will follow, and others will follow us... Until harmony is once again re-established on Mother Earth.

Website http://www.geomantica.com

Geomantica principal Alanna Moore is a master dowser with over 30 years experience. She helped to found the New South Wales Dowsing Society in 1984 and is now a patron of the Australian Dowsers Society. She is the author of seven books, has made 21 films and has produced several magazines about dowsing in Australia since 1982. Geomantica magazine began in 1998. It went online in 2000.

Alanna has extensively travelled around Australia teaching dowsing and geomancy, and building Power Towers to enhance plant growth. Since 2000 she has been an international speaker and teacher, presenting in New Zealand, Malaysia, Taiwan, Holland, Poland, Sweden, UK and Ireland. Alanna is also a permaculture farmer and teacher. Specialising in ‘sensitive permaculture’ design, she is married to Peter Cowman, an Irish architect and director of the Living Architecture Centre, and general IT guy for Geomantica.

As of March 2015, the Geomantica office has now relocated to Ireland.

From Suzanne Thomas

I have been recently on Geomantica’s website, there doesn’t seem much activity at present, but there is quite a good article on “Dowsing and Geomancy explained, and there is also a contact button.
Had the pleasure a couple of years ago to hear Alanna Moore speak at the British Dowsers Conference, and attended her workshop on how to douse for the nature spirits surrounding a tree, something I had not thought to do before. She is very knowledgeable in her subject, and if you have a chance to hear her speak it is well worth going along. Or perhaps buying her book.

I would like to add. That although Fountain, later to become Fountain International started in 1981, (a free Introductory booklet can be downloaded from the website,) went worldwide with groups from the UK to Australia, practising the concept of sending Pure Love energies to a local community focal point to aid their local community, (and sure, I understand that people like to do activities in groups, but there is nothing to stop you working on your own, it’s free and open to all, all you need is the desire to do it.)

Colin Bloy was one of the founding members of Fountain. His charisma and enthusiasm for his subject, inspired and drew many to him, and hence the Fountain Network grew and ended up being global. Now in the normal progression of things, when the charismatic leader of any group dies, which in Colin’s case is just over 10 years ago, people start to drift away, and get involved with other things. During which time the group and contacts list no longer exists, (so sorry I cannot put you in touch with anyone in your area.)

I was Co-ordinator for Fountain in the 80’s-90’s, and in that role I started to be an archivist for Fountain knowledge, although my collection might not be totally complete I have a good proportion.

I had a long gap away from Fountain International to go and do other things, and during that time Colin died.

As many other “old timers,” of Fountain or Fountaineers as we liked to call ourselves in those days, I have always kept it in my heart. I could never let go of the concept, as it was simple, easy and open to all who wanted to work with it, and with the changing of times it’s always seemed important to keep this tool available for people to use.

Back in 2009, Fountain started to come back into my mind, at this point I was not involved with Fountain, but was aware that it had dwindled after Colin’s death. Now if you believe in such things, Colin’s spirit started to badger me, (and others will testify he has a strong spirit, and knows what he wants!)

Colin and I are very different people, but as a friend pointed out to me, we were/are working on parallel lines. So this is probably why he has picked on me!

Looking back on it he seems to have been taking me through a number of steps. First it was the organising of the Conferences, and to cut a story short, the profit of the conferences paid for the Fountain International Magazine website to be built, which has been running now for five years. Over the past two years the next objective has been shown to me. In a way for me I see it as a swan song, of pulling all the
Fountain International research and info together, and put it in a book, so that present or future generations can put it into use, and more importantly to put the “tool,” into action. (Although I say swansong, I can’t be sure that Colin hasn’t planned another step for me, and he’s trying not to scare me!)

So what about today, there are still some people, generally working alone using the concept for their local communities, and through the daily spiritual gathering using Glastonbury Tor as a focal point. Others that use the concept, but are in “other,” groups, which is fine as Fountain is not competitive.

My mind is drawn to the editorial of the Magazine, when I said that the Fountain International Magazine was twice born, and there was a spiritual need for it to be there. I think that the same is perhaps true for Fountain International and the concept it is needed in this world, and perhaps now is the time for it to be reborn like a phoenix. If you have the desire, then put the “concept into action in your area, or join us in sending Pure Love energies through Glastonbury Tor.

We can all, either individually or in a group make a difference. If you decide to apply it in your locality, you can either dowse the changes in energies, or keep an eye on your local paper or police reports to see any effects.

Now from the few people who have contacted me, that have started to work with the concept. I would like to thank you, and send Pure Love to you.

I would love to hear more from people that are using the “concept” and their findings, inc feelings, inspirations and would like to share them in this magazine. A fine start was made with the article, “Bless the Water.” Please get in touch through my e mail address of; suzanne@eaglebear.fsworld.co.uk

To end I would like to reprint the ethos of Fountain International, in accordance with an old prophesy, found by Colin Bloy whilst searching for the grail.

It has no fabric – only understanding.

It has no membership – save those who know that they belong.

It has no rivals – because it is non-competitive.

It has no ambition because it only seeks to serve.

It knows no boundaries, for nationalisms are unloving.

It is not of itself because it seeks to enrich all groups and religions.

It acknowledges all great teachers of all ages who have shown the truth of pure love.

Those who participate, practice the truth of love in all their daily being.

There is no walk of life or nationality that is a barrier.

Those who are, know.

It seeks not to teach but to be, and by being, enrich.

It recognises the collectivity of all humanity and that we are all one with the One.

It recognises that the way we are may be the way of those around us, because we are that way.

It recognises that the time has come for the supreme transmutation, the ultimate alchemical act, the conscious change of the ego into a voluntary return to the whole.

It does not proclaim itself with a loud voice, but in the subtle realms of loving.

It salutes all those in the past who have blazoned the path, but paid the price.
It admits no hierarchy or structure, for no one is greater than another.

Its members shall know each other by their deeds and being in their eyes, and by no other outwardly sign, save the fraternal embrace. Each one will dedicate his or her life to a silent loving of their neighbour, and environment, and the planet, whilst carrying out their daily task, however exalted or humble.

It recognises the supremacy of the great idea which may only be accomplished if the human race practices the supremacy of love.

So that’s basically it, if you feel drawn to work with the concept welcome. You are now aware of a free “tool”, open to everyone, who wants to make a difference here, and aid the world in which we live. You are not victim, but you have a choice that if you want to “play dead,” you can live with the status quo, and flow with the river like a dead leaf. Or wake up and decide, “yes I want to play my part, I can and will make a difference, and I will not listen to anyone else that tells me different, including myself.

I wish you well with your choice, and keep in touch, I am always interested in your journey.

Let’s come together in a common aim.

Blessed by the healing transmission of Monadic Soul-filled light of Buddha Maitreya the Christ

"All the planets, the Sun, everything, works on this principle (Buddha nature). This is called the solar principle. Buddha nature is the solar principle. So certain in every way spontaneously is how we serve. So the more we become of good merit, the more the world becomes of good merit. Love and compassion is the seal, the energy, of buddha nature.

Everything is made geometrically. The very force of matter evolving, geometrically, into life is buddha nature. As we use our mind, body and our actions it creates thought forms that evolve all life. They can be chaotic or harmonious. This body, speech and mind of buddha controls all of matter and as great, virtuous practitioners we are forcing the evolution of life into harmlessness. We have to awaken buddha nature in everything because people affect other people. If they are not happy, we will not evolve. So the ability to be sensitive, feel the other person’s need and help them, is the the quickest way to awaken buddha nature. Your body, your mind and your speech needs to be totally kind.

So I create meditation tools to help people, so that they can radiate out their light and raise others up. I create vajras (dorjes) and other geometric forms using crystals and magnets which amplifies my telepathy to be able to heal by radiating out and raises others up.
This science is connected to the Earth, so we are not only healing people but we are healing all nations. I’m here to heal all nations and all religions, not just one religion and these tools help achieve that. The geometric forms are based on the same design as the Stupa, they are very sacred forms which help.

We all have problems with emotions, frustration, anger, etc. We need to be more able to become virtuous. This clouds our life and puts a wall between us and everything. All the time we need to be like warriors from Shambhala, Shambhala warriors. Just one moment of anger can take away much merit and virtue and you have to rebuild it. It’s best not to get angry. To even respond in great virtue is what leads everyone in the ability to attain buddhahood. The person that uses them to wake up.

Then I created the Etheric Weaver which helps to slow down anger, you can use this tool to stop your anger; this will help you much. You’ll be much happier in your life and much more virtuous. If you are sick or have illness, this helps to heal it very quickly. All Bodhisattvas are healers. They heal the need in another person. This will help them to heal themselves.

All over the world people who have used these tools have found their lives totally changed towards nature, towards goodness. One of the strongest things for Maitreya Buddha the Christ is healing others, without people even asking. For example, alcoholics, people who smoke, I don’t even need to tell them not to do these things, they use the tools and they just stop.

So, we can awaken millions of people just through using the tools - this can be done - we can change the world. As practitioners of Buddhism, we practice developing loving wisdom. Everything that happens: illness, anger you have to see it differently, so its not you, it’s just your process. These tools increase your life. You could live for a very long time if you use them.

Buddha Maitreya the reincarnation of Jesus the Christ

Metatron & The Science of Metatronics

Glastonbury OM Meditation Sunday Sept. 25th

"And did those feet in ancient time
Walk upon England's mountains green:
And was the holy Lamb of God
On England's pleasant pastures seen"

William Blake (1808)

Join Buddha Maitreya the Christ for a holy OM meditation in Glastonbury on Sunday September 25th.

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“Frisbeetarianism is the belief that when you die, your soul goes upon the roof and gets stuck.” George Carlin.
Pierre’s Dreamspot

(A slight change in this issue, rather than dealing with just dreams, Pierre’s remit has been expanded to unexplained spiritual experiences.)

A friend contacted me with regards to an unusual experience that she had, and didn’t know how to explain it, and wanted to know what it meant. So I passed it onto Pierre for some enlightenment.

Dear Pierre

This all happened a few weeks ago, when my sister and family were staying at my house. I had given up my bed to my sister and great niece for the holiday.

Towards the end of their stay, early on the same morning, around 3am in my sister’s case, on waking as she was keeping an eye on the 2yr old.

She saw a tunnel of light in the room, pure and simple. No sign of people at the other end, or any booming god like voice. It didn’t make her fearful, she just thought, “so that is what the Tunnel of Light looks like when we die”, turned over and went back to sleep.

Moving on a couple of hours in the same morning, I woke up about 5am. As I awoke my breathing was constricted, (probably because I was sleeping scrunched up,) and I saw this same tunnel, but for me I could not see the light. But I knew it was there, all I needed was to either just go up, or go up and it was a bit around the corner. Because of the breathing issue, I just thought calmly that my time up, and how was I going to negotiate getting up this tunnel? Thought that when I stopped breathing that it would happen, but as time went on I could see that this wasn’t going to happen, so I shifted in my bed, and the breathing became normal. Like my sister, I did not see or hear anything else, and it was not frightening.

Strange I thought, and I wasn’t going to tell my sister in case she wanted to put me on suicide watch.

Fortune would have it, that we did get time alone later that day, and we were able to confirm our experiences.

Obviously this is something significant, but have no idea what it means.

Please help.

Caroline

Dear Caroline

How wonderful to hear from you and I absolutely love bizarre experiences such as the one you describe for the more strange and seemingly incomprehensible the experience, the closer we are to Source/God energy which
can never be understood or explained with as primitive an instrument as the human brain.

The tunnel of light is very interesting indeed as there is also geographical proof as you know of energy volts or currents running stronger in certain places than in others. It seems a given fact that there is a very strong, positive and abundant vortex running into your dwelling and the Universe waited for a witness to endorse this for you. It is indeed an opportunity for you to invite it (aloud) into your life and to allow this force to guide and assist you when making decisions. What seems frightening is in fact a blessing especially for you.

When the body can’t explain what it doesn’t understand since it’s so alien and inexplicable to the human mind, it goes straight into a mini-death experience (the breathing) since it is in alignment with an actual death – should it occur, which is seldom the case since so many people have so many inexplicable experiences with energy (ultimately everything is energy and can never really be understood completely), but “God understood” would reduce God/Source energy into a “zip” file where the All That Is becomes the imprisoned details we need to understand.

I feel guided to not say too much more for there’s some exploration of you and the tunnel of light to do together. I would thus (aloud) welcome and invite the tunnel into your house and indeed your life and see it as a “direct telephone line” to Source/God wanting to use you as the conduit for so many others that you reach with your publication. I sense that strange and odd things will start to happen and occur very soon after you invite the tunnel into your home and your life and that there is absolutely nothing to be afraid of since the tunnel of white light is there to protect your home and possibly nudge you into a new direction.

Love Pierre

Caroline was very impressed with the interpretation. When she mentioned it to her boyfriend he also confirmed that he had seen the tunnel a couple of times in the house.

If you need a dream, or spiritual experience deciphered, why not drop me an e mail at

suzanne@eaglebear.fsworld.co.uk

for this free service. It’s in total confidence, and names can be changed if so desired.

All the feedback from the dreamers, and experiencers of the spiritual, have been very positive for this service.

So what’s holding you back?
Essence World
By Jan Stewart

There is no bigger reminder that summer is still here than the sunflower. Several producers make a sunflower essence including Patricia Kaminski (FES), Nikki Wyatt (Spirit of Transformation) Crystal Herbs and Sun Essences. Currently, they all similarly offer support in balancing one’s ego whilst practising spiritual leadership and help for developing compassion & wisdom. But flowers always offer a wide range of therapeutic qualities and sunflower’s botanically signatures would seem to indicate much essence potential.

Observe how well the sunflower bud is protected by a double layer of sepals and indigestible hairs – indicating a useful essence for the young and vulnerable.

The open flowers constantly follow the sun (heliotropic) suggesting an ability to bring us to and keep us in the light, even in our darker moments.

Note the tiny white dots glistening in the centre of the flower head. These are drops of nectar which are produced in very large quantities in the commercial species - signifying a potential for bringing sweetness into our lives and counteracting bitterness.

Both commercial and wild sunflowers also produce very high levels of pollen and their...
fruits contain seeds with a high oil content – signatures of care and nourishment. This is further indicated in the yellow colour of the outer ‘ray’ flowers which can suggest nourishment in some cultures. The Mayans, for example, associated yellow with maize, making it a symbol of provision, sustenance and all things wholesome – a good signature for essences generally since they nourish the soul. Yellow is also the colour of sunshine, hope and cheerfulness emotions which readers will instantly recognise as those aroused when viewing these wonderful plants.

In contrast, the central, tubular disc flowers of a sunflower head are brown. This is the colour of the earth and connections with dependability, stability, reliability and endurance. These brown flowers will help balance the root chakra such that fears are dissolved by a new sense of security and inner strength.

The sunflower’s potential would therefore seem to warrant much more exploration by essence makers – and there is possibly still time to make an essence if you feel inspired!

For the next 3 months, therefore, most of the immediate energy available is in the 3rd quarter of the zodiac – Libra, Scorpio and Sagittarius. These signs are the ones that take us inwards to meet ourselves, below the horizon as we journey from the Autumn Equinox to the Winter Solstice to explore the hidden realms and prepare for rebirth.

Tarot and Astrology are two wheels on the same bicycle so this year I have added some esoteric tarot information to my articles.

**Libra September 22 – October 22**

The symbol for Libra is, on one level, the Sun setting on the western horizon. Horizon - Horus rising - comes from Horus the falcon headed god (morning Sun) that rises in the east. His apposite Set takes us into the night; the Sun Set.

The Tarot card aligned with Libra is Justice. At the Equinox we recalibrate for balance (hence the scales), the balance of day and night, light and dark, inner and outer, masculine and feminine.

Venus is the ruling planet of this sign – the earthly feminine spirit and Mars, the masculine rules the opposite sign of Aries (arise).

Those with strong Libra/Venus features in their chart can yearn to find balance, especially within relationships and yet the real relationship we are here to explore is the union of body and soul, to bring heaven to earth. An earlier symbol for Libra was the Dove of the Holy Spirit descending to the physical realm.

**Astrology by Zoe Hind**

**Oct 2016 to Dec 2017**

In 2016, the personal planets, that is to say, the Sun, Mercury and Venus are all travelling together. These are the celestial bodies closest to Earth and with which we have a more personal, direct relationship; representing life force energy, mental inspiration & communication, values & creativity respectively.
Scorpio October 22 – November 21

Scorpio is the sign of Spiritual transmutation. Here we bravely venture inwards during the darkest months of the year to search out and turn base energies into gold.

The Tarot card aligned with Scorpio is Death. The 3 symbols for Scorpio are the Scorpion (base psychological manipulative beliefs), the Serpents raising energy (Ida and Pingala) and the Eagle (the opening pineal gland, claiming our spiritual power and sovereignty).

The ruling planet of Scorpio is Pluto, Lord of the Underworld, who brings the power and bravery to take this journey and the ultimate healing power that is the reward.

Life, Death and Rebirth; this is alchemy in action...

Sagittarius November 21 – December 21

Sagittarius is the Archer on horseback (later to become a Centaur). Pointing his arrow directly to Galactic Centre, the wise old Sage seeking wisdom and the truth of Ages travels far with the stamina of the horse (Spiritual Sun) as his trusty companion.

The Tarot card aligned with Sagittarius is Art or Temperance, continuing the exploration of Scorpio and applying the knowledge, finding the blend of Fire and Water, the marriage of conscious and sub conscious, of Spirit and Soul in the forge of the hearth/heart.

Jupiter is the ruling planet of Sagittarius. Jupiter clears the way, opening broad horizons for travel and expansion. This is as much a journey seeking inner knowledge as it is physical travel and those with a strong Jupiter/Sagittarius placement in their chart love travel and education both expanding the mind.

As the Sun is reborn at the end of this sign over the Winter Solstice, we re-emerge from our initiation cleansed and elevated and ready to take another tour of the Zodiac.

Dates for your Diary...

Moon times:

1 October – New Moon in Libra
Blossoming like an Autumn rose, this is a great time to activate our creative expression.

16 October - Full Moon in Aries
A powerful dynamic catalyst Moon with bursts of independent thinking.

30 October – New Moon in Scorpio
Here begins our annual journey into the underworld...

14 November – Full Moon in Taurus
Honour the Old Ways, the Ancestors and the Land.

29 November – New Moon in Sagittarius
Active and focussed, plans are forming.

14 December – Full Moon in Gemini
Listen and learn, Saturn close to the Sun relays messages through the talkative Gemini Moon.
**29 December – New Moon in Capricorn**
The 'New Year' begins early, set bold intentions.

**27 September - Mars into Capricorn**
A force to be reckoned with, Mars fires up in unstoppable Capricorn. Capricorn represents Man's realization of spirit through matter. With Mars in this sign, our spiritual warrior steps bravely forth.

**9 September - Jupiter into Libra**
For the next year, Jupiter will travel through the sign of Libra. Jupiter has not been here since 2004.

Like a second Sun, Jupiter inside us is our Sovereignty, Majesty and Magnificence.

Expansion is the main energetic action of Jupiter.

In order to grow, room must first be made and when Jupiter visits a new Zodiac sign or makes a connection in our birth chart, some things that need to be cleared can be removed from our lives. We need to take a philosophical approach as, if we are tempted to hold onto attachments and maintain an old structure, this initial phase can be disconcerting and feel like a loss or breaking down in our lives.

However, with broader perspective and a sense of excitement, new adventures are on the horizon.

What does Jupiter in Libra bring?
As we turn inwards to explore the realms of the Soul, we are reminded that our fist relationship, and Libra is the sign of Union, is with our divinity.

When we honour our lives and others and flow with Soul and Spirit we allow this energy to permeate our emotional, mental and physical realms.

There should be also a sense of freedom and ease coming into the way we relate to each other, loosening the bonds of restricted conditional love and embracing our connections on a Soul to Soul level.

When we see ourselves reflected back through the Mirror of Venus that is our relationships we can learn and grow gracefully.

**Saturn in Sagittarius**
Saturn, the planet of expansion (learning & travel) and structure of the higher mind will spend until December in the sign of Sagittarius.

The discipline of the Martial Artist springs to mind: core strength coupled with great wisdom and pure spiritual energy flow are one of the high expressions of this alignment.

**Uranus retrograde in Aries**
Uranus is a break-through energy and Aries the sign of the pioneer. Internally, Uranus in Aries is rewiring our neural circuitry, bringing new ways of thinking and breaking old patterns and beliefs.

This retrograde period will bring a deeper reflection and recognition of thoughts and behaviours that no longer serve us and light a rebellious fire in our hearts to activate lasting visionary change.

**19 November – Neptune direct in Pisces**
Like a giant tuning fork, Neptune resonates with the frequencies of the vibrational universe.

In Pisces she helps us find and transmit our highest vibration and live in pure alignment with the Source of all that is.

Having journeyed back to reconnect during the recent retrograde, we can slowly and soulfully step forwards guided by our intuition and inner knowing.

Navigating new dimensions and seeing through old illusions, Neptune acts as our spiritual compass.

**Pluto in Capricorn**
Life, Death & Rebirth. We are now in the rebirth phase...

Pluto turns back to direct motion and we will feel this as a slow but steady surge. Pluto represents deconstruction, profound transformation and healing and during its retrograde we have seen pain, fear and disturbing home truths come up from the deep. Individually and collectively we are going through a reawakening process. This is necessary but not necessarily comfortable. Pluto
brings the strength to carry on for complete renovation and the realization of why and how this is a vital part of the process.

The firmer the foundations, the higher we can reach.

To follow these planets in more detail – please visit my ‘In the stars this month' page:
http://www.astrozo.com/In-the-stars-this-month(2594989).htm

About Zoe...
Zoe was introduced to Astrology by her mother at the age of 8 and has continued to learn and love this profound system ever since. It soon became a way of life.

Embracing the cultural beliefs and practices of druid ancestors, and combining this knowledge with a healthy interest in other ancient cultures along with the latest scientific theories, she brings the past and the future together to make sense of the present.

Perspective, empowerment and releasing potential is the result.

Zoe teaches Astrology, Tarot and other esoteric subjects as well as giving a variety of unique Astrology & Tarot Readings both on-line and in person.

She also runs meet-up groups in London and hosts a private members area on-line.

www.astrozo.com
youtube: zoeastro
facebook/twitter: AstroZo

Books Which May Be Of Interest

Sacred Number and the Lords of Time: The Stone Age Invention of Science and Religion
by Richard Heath
Available on Amazon in Paperback or Kindle

Our Stone Age ancestors discovered that the geometry of the Earth provided a sacred connection between human experience and the spiritual worlds. Exploring the numerical patterns of time and then the size and shape of the Earth, they created an exact science of measures and preserved their discoveries within sacred structures, spiritualized landscapes, and mythologies, which interpreted the religious ideas associated with their science. In this way, the ancient measures of space and time reached our present age and still embody the direct but forgotten truths of our sacred planet.

The Sun and the Serpent Paperback
by Paul Broadhurst, Hamish Miller
ISBN 0 9515183 0 5
Still available on Amazon. Paperback starts from £24.00, the Hardback £242.00!

The research is one of the first of its kind, following the St Michael Line from west Cornwall to Bury St Edmunds, by use of the dowsing rods.

This book is a classic of dowsing journeys, written to inspire others to do their own dowsing research.

Both authors have been involved with Fountain/Fountain International.

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The lives we lead, particularly in the Western world, are technologically overburdened and spiritually impoverished. Our children can tell us the various merits of different operating systems for electronic devices, but are rarely in touch with how different emotions are experienced in the body, or how it feels to bring kindness to a moment of difficulty. They are bombarded almost constantly with information at a rate that mankind even 50 years ago would have struggled to begin to comprehend, and mental illness is at an all-time high.

Research indicates that one of every four adolescents will have an episode of major depression during high school, with the average age of onset being 14 years of age.
The human race is at a tipping point, and we have no sane choice but to begin to awaken the capacities within us that have too-long lain dormant. We can choose to lead a child towards awakening, and thus awaken ourselves.

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Have you ever wondered why you do the things you do? In the same way that stars form patterns called constellations, family members and how they interact with each other create behavioural patterns, by tracing these patterns with Family constellation and historical mediumship we can begin to bring the hidden in to the light. Take an intuitive walk through your family tree and uncover the secrets of your ancestors. Examples and illustrations of the effects of the ancestors and family patterns on individuals are given from private practice, group workshops as well as delving into the world of celebrity with exploration of the lives and deaths of Marilyn Munro, Curt Kobain and others. It is amazing the things that are forgotten or suppressed within a family. Secrets that are never spoken, children that never were, crimes, deaths, the missing - all these things are swept under the carpet. But the unseen and unspoken have a habit of making themselves heard further down the line. If you are interested in moving forward and truly seeing what is there within your own family tree come take a walk with me.

*Creative Corner*

*Jill Mattson*
Hug Me

We all hold on to loved ones in times of crisis. To be hugged by someone who loves you, is the most wonderful thing. To feel their warm embrace around you, fills you with a loving energy, that goes right to your bones.

A hug is a safe harbour in a storm, when the world has gone mad. It is the bonding with another human being. It says that you are not alone, and that another loves you. And the strength to remain, or move on.

All humans need to feel loved, it is important to love ourselves. And through the act of loving ourselves that we can give love to others. In truth we are not separate, as we love others we love a part of ourselves. A loving hug is the most wonderful thing that you can give to others.

Suzanne Thomas

I am here Little One, did you think that I would forget you. You are very dear to me. I hold out my hand to you. At last you have seen that I am here, and begin to move your hand closer to mine. I have waited so long for this moment. Tears of joy swell in my eyes, as I see in your eyes that you want to go HOME. Feel the warmth of my love that I am sending out to you. For a long time you have cut yourself off, and separated yourself. But I have always been here, waiting. You open your heart to me, and a time of separation, on your part is over. I gladly come within you, and feel the urgings of a lover returned. The flame within you burns brightly, you awaken and your fearful dreams begin to ebb away. Slowly you begin to reclaim your power.

Suzanne Thomas
Finally